







# **OUR VISION**

The Santa Fe Recovery Center envisions recovery for all individuals struggling with addictions.

# **OUR MISSION**

Santa Fe Recovery Center works with individuals to sustain lasting recovery from substance use disorders and related mental health disorders, by providing culturally relevant evidence-based treatment and education in partnership with other community organizations.

# **OUR VALUES**

We operate with integrity and treat each client with compassion and respect in a safe and nurturing environment.



# DEAR FRIENDS,

It has been a challenging year for everyone here at the Santa Fe Recovery Center (SFRC) as it has been for everyone in the state, country and the world. As a provider of essential healthcare services, we worked hard to continue serving the community while keeping everyone safe. I want to thank everyone who helped us achieve this goal, including our phenomenal staff, our loyal supporters, and our dedicated board.

We received support from the community in many ways, from hand-sewn masks donated for staff and clients to financial support from donations and grants. A grant from the City of Santa Fe enabled us to help clients with food, clothing, and other assistance beyond what we can normally provide. Care packages and money for things like emergency housing gave our clients vital assistance that helped them make it through a difficult year.

Yet, besides making changes in the way we operated to adapt to the challenges of the pandemic, we also had a year of growth. SFRC stepped up when asked by the State of New Mexico to open a new Detox Recovery Center in Gallup. We also saw our Detox Center in Santa Fe undergo a renovation which will help us expand services in 2021.

Looking ahead, our planned expansion of the Lucia Lane campus is moving forward. The SFRC Campus Development Plan will increase our capacity so we can meet the overwhelming need in Santa Fe County for Residential and Outpatient substance abuse disorder treatment services.

Our broad array of services and continuum of care enables us to serve approximately 1,400 clients annually and to sustain long-term client engagement in residential and outpatient treatment. With your support, we will continue to adapt and grow in order to provide more services for our neighbors in need.

With Sincere Gratitude,



**Sylvia Barela**Chief Executive Officer



**Tom Starke** Chairperson

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## **COVID RESPONSE**

### **COVID-19 RESPONSE AT FACILITIES**

The COVID-19 pandemic required that SFRC make numerous changes to its operations. The goal was to continue to provide essential services without interruption in order to meet the needs of our clients while keeping staff, clients, and their families safe. While inpatient services continued, family visits were restricted.

Protocols including screening both staff and clients arriving for intake, an increase in sanitizing and hand washing, as well as social distancing and wearing of masks were implemented at all facilities. SFRC's medical director managed the screening and safety protocols. Access to testing and later, vaccinations, were essential. Outpatient services were shifted to Telehealth or over-the-phone methods. As the situation evolved, leadership and staff have continued to make changes to restrictions and protocols as needed. This proactive approach has allowed SFRC to continue operations during this challenging time.



"It was a lot of work. But with the team that's been fostered here at Santa Fe Recovery Center, we got it done because of the love and the compassion we have for the clients that we serve."







### **COVID-19 RELIEF FOR CLIENTS**

SFRC WAS ABLE TO ASSIST 150 CLIENTS AFTER RECEIVING ABOUT \$100,000 THROUGH THE CITY OF SANTA FE CARES ACT FLEXIBLE FUND.

The funding was used to support clients with basic needs such as past due rent, past due utility bills, car repairs and car insurance, cell phone minutes, groceries, and emergency housing in hotels. During a COVID-19 outbreak at SFRC that shut down the kitchen, this critical funding meant we were able to bring in hot meals for clients.

After receiving the grant in late October 2020, we had to utilize the funds by early December to meet the grant deadline. Care packages were assembled with items that would have the greatest impact for clients including winter clothing, blankets, non-perishable food items and personal protective equipment. SFRC was even able to purchase educational Christmas gifts for children living with a parent at the Recovery Center.

"This is a hard time for a lot of our folks in recovery," said Natalie Rivera, who coordinated the project.

## **DETOX PROGRAMS**

### NEW DETOX CENTER IN GALLUP

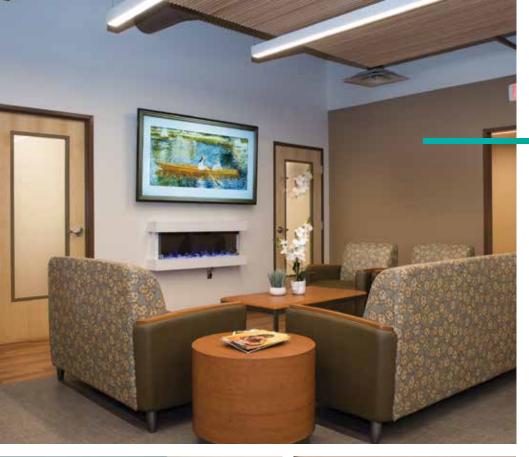
In the midst of the pandemic, SFRC opened Four Corners Recovery Detox Center in Gallup. Partnering with McKinley County, the City of Gallup, the State of NM and many local healthcare and community-based providers, the 45-bed facility was opened on December 28, 2020.

> New Mexico Behavioral Health Services Director Neal Bowen said, "We are thrilled that Santa Fe Recovery Center is stepping up to help the Gallup area respond to substance abuse disorders. The willingness of SFRC to deliver to those with significant need in the state is inspiring."

The Detox Center in Gallup is offering voluntary social and medically monitored detoxification for alcohol and drug abuse, addressing a lack of such services in the area which continues to have the highest alcohol-related death rate per capita of any community in the state and nation.











### SANTA FE DETOX CENTER RENOVATION

Santa Fe Recovery Center has been providing detoxification services for Santa Fe County since 2017. A new contract was executed in June 2020 between the county and SFRC to continue and expand these services. The building at 2052 Galisteo St. was also renovated by the County in 2020, making it possible for SFRC to increase our capacity to provide medication assisted treatment and increase the number of available beds from 15 to 27.

In addition to the County of Santa Fe, CHRISTUS St. Vincent is providing financial support for detox client services. A funding partnership between CHRISTUS St. Vincent, Santa Fe County, and Anchorum is making it possible for those in need to receive care.

Santa Fe Recovery Detox Center will be part of the La Sala Behavioral Health Crisis Center. The model for La Sala is a first for New Mexico which will include the Detox Center, a Mobile Crisis Team, and a living room model crisis center.

"To see this come to fruition and get this done is fantastic," said Santa Fe County Commissioner Anna Hansen. "La Sala Crisis Center has been a Santa Fe County project that we have been working on since 2016. This is going to be of great service to all residents of both the City and the County."

## HEALTHY MEALS PART OF RECOVERY

Kitchen Manager Letitia (Lettie) Reyna plans the daily menu to give clients a variety of healthy meals, with options for people with diabetes, vegetarians, vegans, and people with food allergies. New Mexican dishes including red and green chile are popular. She loves seeing clients who have been homeless and malnourished returning to a healthy weight.

"It means a lot to me to serve good, delicious food to the clients. I care about the clients a lot, and that they have healthy food to build up their strength. It helps a lot with their sobriety," Lettie said.



SFRC PROVIDES MEALS FOR CLIENTS IN THE RESIDENTIAL AND **DETOX PROGRAMS** 

3 Times a Day 7 Days a Week

More than **50,000** Meals a Year PLUS SNACKS

"The staff did a fantastic job of accommodating my request for a diabetic diet and I wish to commend them for providing delicious, healthy, low-carb meals."

Food at affordable prices is ordered and delivered to SFRC by The Food Depot. Those food items are then made available, free of charge, to SFRC clients in Santa Fe and Española. All clients taking part in inpatient and outpatient programs have access to food services from SFRC. Even clients waiting for intake are provided snacks and sandwiches.



## TREATMENT PROGRAMS

- Detoxification (Detox): Santa Fe and Gallup
- Medication-assisted Treatment
- Men's Residential Treatment
- Women and Children's Residential Treatment
- **Extended Residential Treatment**
- **Recovery Housing**
- Regular and Intensive Outpatient
- Bridge House Sober Living

"SFRC is completely meeting my needs. It's the 1st time I've felt my recovery is going to be successful."



### FULLY ACCREDITED ALCOHOL AND DRUG TREATMENT PROGRAM

Our CARF (Commission for the Accreditation of Rehabilitation Facilities) accredited treatment programs blend the traditional 12-step philosophy with current state of the art, empirically based treatment practices. Clients experience how the stigma of addiction and mental illness can be overcome through compassionate and cooperative care provided by our community and staff.

## 2020 INTAKE STATISTICS

#### CLIENT SURVEYS SPEAK TO SFRC'S STRENGTHS

Santa Fe Recovery Center serves approximately 1,400 clients a year. Many of those clients begin in Detox and continue through Residential Treatment to Recovery Housing and Bridge House Sober Living. We use client surveys to improve our services to better meet clients' needs. Surveys collected January through June 2020 showed some promising results.

Of the surveys collected at admissions to the Detox program:

97% felt they were treated respectfully by the admission/ intake staff.

Admission surveys for the Residential program also showed high scores.

99% felt they were treated respectfully by the admission/ intake staff.

Surveys conducted during Residential Treatment evaluate how well the program is supporting the clients.

100% found that the environment was supportive of their treatment.

Extended Residential Treatment scores were even higher on these auestions.

100% felt that their treatment needs were being met at SFRC.

Discharge surveys from the 30-day Residential and Extended Residential Treatment programs reveal that:

30-day Residential

97% felt they had the tools to stay sober.

Extended Residential

95% felt a 50% to 90% reduction in cravings.

## SANTA FE RECOVERY CENTER SERVES APPROXIMATELY

**1,400** Clients a Year

THROUGH ITS DETOX, RESIDENTIAL AND **OUTPATIENT SERVICES** 

IN 2020, SFRC HAD:

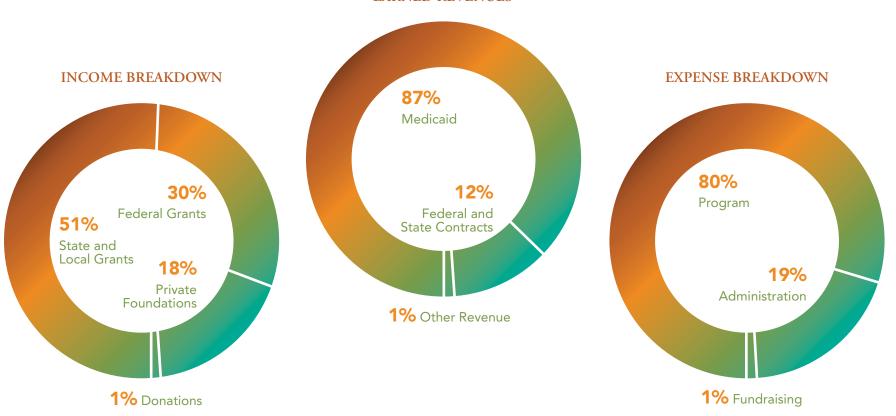
- **721** intakes in the Detox program.
- **421** intakes (258 men, 163 women) in the Short-Term Residential program.
- **132** intakes (95 men, 37 women) in the Extended Residential program.
- \* Many clients admitted to Detox go on to complete the full continuum of care, so these statistics reflect the number of services provided, not individual clients.

# FY 2019-2020 FINANCIAL OVERVIEW

#### **INCOME**

Contributions Support	Earned Revenues	Total Income
\$1,834,032.87	\$5,592,001.24	\$7,426,034.11

#### **EARNED REVENUES**



## ANSWER THE CALL AND BECOME A PARTNER



2021 WILL BE A PIVOTAL YEAR IN SANTA FE RECOVERY CENTER'S ABILITY TO SERVE THE GROWING AND DIVERSE NEEDS OF OUR FRIENDS AND NEIGHBORS IN NEED OF SUBSTANCE USE DISORDER TREATMENT SERVICES.



There are many ways you can join us to respond to these critical community needs:

#### MEETING IMMEDIATE NEEDS

Many of our clients, both men and women and their children under age 3, come into residential treatment with nothing. Available resources are stretched thin and your donation can make a big difference.

You can help our clients with immediate needs such as clothing, food, employment, and providing childcare.

#### CAPITAL CAMPAIGN

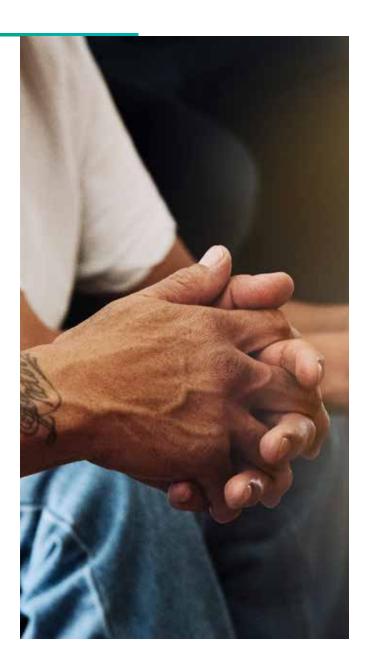
SFRC is at a crossroads and we must expand to meet the recovery and housing needs of our clients.

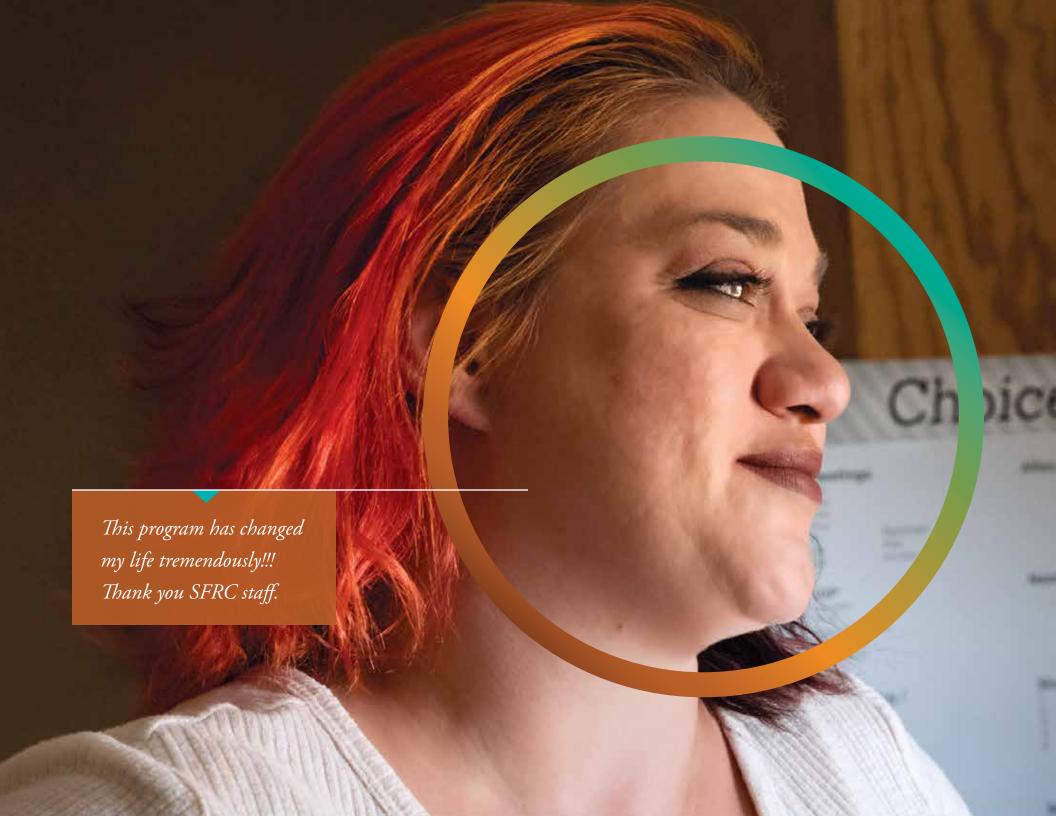
You can help SFRC to expand our campus by joining our team to raise funds for transitional "sober" housing.

#### LEAVE A LEGACY

You can name Santa Fe Recovery Center as a beneficiary of your will, trust, retirement plan, life insurance policy, or financial accounts.

If you are interested in any of these opportunities, whether it is meeting immediate needs, contributing to the capital campaign, or leaving a legacy, please contact Sylvia Barela at 505-471-4985 or sbarela@sfrecovery.org to find out more about how you can help.







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