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Gallup Drug Rehab Fills Critical Treatment Gap Outpatient Program Empowers Clients in Achieving Lasting Sobriety

Gallup, NM — Furthering its mission to support lifelong recovery from substance use disorders, Four Corners Detox Recovery Center in Gallup, NM, now offers outpatient services — a key component in its continuum of care model that delivers treatment to clients at each stage of their recovery. With few existing options for outpatient drug treatment in Gallup currently, the service also fills a critical gap in the community.

"Clients in recovery outside of a traditional in-patient residential treatment facility are not only dealing with everyday stressors, they are, in most cases, rebuilding their lives. This could mean making brand new social connections, navigating the legal system, creating new routines or finding steady employment. It's a lot of pressure and can be overwhelming. That's where our program comes in — outpatient services are critical in maintaining sobriety," said Barry Ore, Four Corners Detox Recovery Center Program Director.

Four Corners Detox Recovery Center, which is a division of Santa Fe Recovery Center, offers both an intensive 16-week and regular outpatient program where clients attend weekly individual sessions with a counselor and participate in a variety of classes and groups based on their individual needs and treatment plan. The program is built on culturally-relevant, evidence-based practices and covers topics such as relapse prevention, early recovery, social support and coping skills. Clients work closely with case managers for referrals to appropriate community resources around career support, housing, public benefits and medical appointments. Four Corners also provides medication assisted treatment.

Four Corners has already begun enrolling clients from its detox and residential program, and a partnership with the DWI Treatment Court will offer a non-punitive response to address addiction recovery for individuals involved with the criminal justice system.

"McKinley County has been identified as one of the counties in New Mexico with the highest DWI offenses and has always been in dire need of behavioral health services, including the need for a detox center, substance use recovery program, and Intensive Outpatient Program," said Shanell Franklin, Magistrate Court DWI Drug Court Coordinator.

"One of the biggest challenges in our county has been to find providers who would be able to provide evidencebased treatment services. We are grateful that we now have the resources to provide services through Four Corners Detox Recovery Center."

Four Corners Detox Recovery Center opened in late 2020 and is on pace for some 1,000 detox admissions and over 400 residential admissions.

About Santa Fe Recovery Center

Santa Fe Recovery Center (SFRC) is a non-profit, CARF-accredited (Commission for the Accreditation of Rehabilitation Facilities) substance use disorder (SUD) operating in Santa Fe and Gallup, NM. SFRC was established in 2005 to respond to the long-existing problem of substance abuse plaguing Northern New Mexico. SFRC provides detoxification, residential treatment, regular and intensive outpatient treatment, and medication-assisted treatment. In 2019, at the request of the State of New Mexico Department of Health and the New Mexico Human Services Department, Santa Fe Recovery Center was tapped to fill the void in evidence-based SUD treatment options in McKinley County in an effort to help eliminate gaping health disparities in this rural, underserved community. Shortly thereafter, Four Corners Detox Recovery Center (FCDRC) was established in Gallup, NM.

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