Local Treatment Center Offers Quality Care, Hope for those Struggling with Addiction



By Kourtney Munoz Marketing & Communications Manager Santa Fe Recovery Center

t's a rare person who hasn't been impacted by substance use disorder in some way. In September, thousands of communities across the country will come together to support and celebrate those in recovery, promote new evidence-based treatment practices and recognize the dedication of service providers. This year marks the 30-year anniversary of National Recovery Month, and the second year Four Corners Detox Recovery Center will host its Rally for Recovery event in Gallup, NM.

The Rally is scheduled for September 16^{th} from 10:30 - 2:30 at the Courthouse Plaza and will feature food trucks, community resources, games for kids, face painting, music, Native dancing and an

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opportunity to memorialize those lost to substance use disorder. Peers will also share their own stories of recovery, resilience and hope.

"We had a great turnout last year," said Barry Ore, Four Corners Detox Recovery Center Program Director. "It's wonderful to see that so many people came out to

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celebrate. It's really a testament to the progress we've made in countering stigma and creating a community of support and compassion."

Four Corners Detox Recovery Center has played a key role in fostering this sentiment since opening its doors in December of 2020.

Earlier that year, at the request of the State of New Mexico Department of Health and the New Mexico Human Services Department, Santa Fe Recovery Center was tapped to fill a gap in evidence-based substance use disorder treatment options in McKinley County. They established Four Corners Detox Recovery Center to provide medically monitored detoxification. Within a year, they expanded to include 30-day residential treatment and added a Street Outreach team. In late 2022, they also began offering outpatient treatment. A significant component in Four Corner's rapid growth and ability to serve more than 2,000 clients to date is the support of local organizations with a shared commitment to ensure everyone in McKinley County has access to quality, evidence-based and culturally appropriate substance use and behavioral healthcare services.

"The partnerships we've established are instrumental in the work we do and we're grateful for their support and collaboration," said Ore. "This is especially true in our street outreach efforts."

The street outreach team, which was established in September 2021, has since grown to five staff and has had tremendous success coordinating resources for

community members, providing peer support and offering information about recovery services, harm reduction, relapse prevention and self-care. The team collaborates with Gallup Indian Medical Center and First Nations Community HealthSource to provide health education, testing, and treatment of Hepatitis C, STIs, and HIV.

"Working in street outreach is extremely rewarding," said Kyle Manuelito, a member of the Four Corners Detox Recovery Center street outreach team. "Our goal is to build trust and provide support where it's needed most. We meet people on their terms so that we can better understand their challenges in order to work collaboratively to find pathways to stability and recovery."

Through these collective efforts, the center has shown that the power of recovery is magnified when a community comes together with compassion and determination. Which is why this year's theme for National Recovery Month: "Join the Voices for Recovery: Together We Are Stronger," resonates. Recovery requires a strong support system whether that be friends, family, neighbors, healthcare workers, peers or advocates.

"Celebrating National Recovery Month is a reminder that recovery is not a solitary path," said Ore. It indeed takes a community."

For more information about the services offered by Four Corners Detox Recovery Center and to learn more about the Rally for Recovery, visit www.sfrecovery.org



