

Substance Use Disorder Detox and Rehabilitation Program  
Phone (505) 471-4985 Fax (505) 471-6084

Clients' dress and grooming should always be modest, neat, and clean. We are committed to providing an atmosphere suitable for learning and growing. Clothing should be modest in fabric, fit, style, and appropriate for the occasion. Shoes are to be worn in public campus areas. Laundry facilities, including supplies, are available for patient use. If you need assistance obtaining clothing, please ask the staff.

**Items to Bring for all Programs:**

- ID card and insurance card
- Living will or POA (power of attorney, make sure it is up to date as well).
- All prescribed medications in the prescribed bottles.
- If you are a smoker, cigarettes will be searched at admin. Bring cash for more, (no more than \$450.00). We are unable to take cards and purchase them for you.

**Items for Detox:**

- 5 pairs of socks.
- 5 pairs of underwear.

\*You will be provided clothes to change into, sandals to wear and all personal hygiene items. Females will be provided sports bras.

**Items For Residential:**

- 7 pairs of pants (jeans, casual slacks, sweat pants, and jogging suits)
- 7 shirts (colored T-shirts, button down shirts or blouses, sweatshirts)
- 7 pairs of socks and underwear (females up to 7 bras or sports bras)
- 2 pairs of pajamas
- 1 robe
- 1 pair of slippers
- 2 pairs of shoes
- 2 jackets or sweaters
- 1 coat
- 1 winter hat (only during cold weather)
- 2 baseball caps only
- 1 towel and washcloth
- Personal hygiene items
  - 1 toiletry bag



- 1 toothbrush
- 1 hairbrush or comb (1 extra styling tool for hair only)
- 1 tube of toothpaste
- 1 deodorant (alcohol free)
- 2 bars of soap/ body wash
- Assorted makeup (no glass container)
- 1 bottle of lotion
- 1 set of tweezers and nail clippers
- 1 bottle of aftershave lotion (alcohol free)
- 1 package of disposable razors
- 1 bottle mouth wash (alcohol free)
- 1 set of clippers (will be kept in the med tech office)
- Stamps and envelopes
- Recovery related reading material, books, or Bible (limit 2)
- 1 journal or notebook paper
- 1 coloring book with 1 package of crayons, colored pencils, or pens (must be sealed in original package, no sharpie or markers)

**What NOT to Bring:**

- No bandanas
- No belts
- No cameras, tablets, kindles, iPods, laptops, alarm clocks, or smart watches
- No vapes, e-cigs, or chewing tobacco
- No clothes Iron
- No electric toothbrushes
- No expensive jewelry (wedding and is allowed)
- No food, candy or gum
- No large amounts of money
- No THC oils, lotions, or droppers
- No essential oils
- No lanyards

\*please limit luggage to one suitcase and one backpack; it is very hard to store 3 or 4 extra suitcases.

\*\*Cell phones will be locked up during your stay.