

# New Mexico Leaders in Recovery



## Resource Guide

Sponsored By:



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# **Detox, Inpatient, Residential**

## **Santa Fe Recovery Center**

Representatives: Kourtney Muñoz (Marketing & Communications Manager), Jeremy Lihte (Dir. of Client Experience and Engagement)

### **Santa Fe and Gallup, NM**

**Program Overview:** Santa Fe Recovery Center (SFRC) is a non-profit, CARF-accredited substance use disorder treatment program operational in the communities of Santa Fe and Gallup, NM. SFRC's continuum of care model supports clients' changing needs in order to reduce the chance of relapse and facilitate long-term recovery through evidence-based, culturally-proficient and linguistically appropriate care and services. Services include detoxification, residential treatment, extended residential care, regular and intensive outpatient, medication assisted treatment, sober living services and alumni support. The Women and Children's Residential Program in Santa Fe provides treatment for women and their young children age 0-6, including women who are pregnant. SFRC also offers detox, residential treatment and outpatient treatment at its Gallup facility - Four Corners Detox Recovery Center.

**In network with:** Medicaid, BCBS, United Healthcare, Cigna, Presbyterian, Western Sky, State Funding.

**Admissions Contact:** Jessica Callow      **Admissions Phone Number:** 505-471-4985

**Email:** [jcallow@sfirecovery.org](mailto:jcallow@sfirecovery.org)

**Website:** [www.sfirecovery.org](http://www.sfirecovery.org)

**Jeremy Phone:** 505-414-8089

## **Turning Point Recovery**

Representative:

Paul Tucker (CEO), Dana Stratton (Dir. of Operations)

**Albuquerque, NM**

**Program Overview:** Inpatient detox, 8-bed residential treatment center, outpatient detox, sober living for males, Vivitrol, specializes in; EMDR, progressive relaxation, acu-detox, peer support, and family therapy.

**In-Network with:** BCBS, Presbyterian, Tricare, Aetna, Molina, TrueHealth NM, Friday Health Plans, and Medicaid.

**Admissions Phone Number:** 505-217-1717

**Website:** [www.turningpointtrc.com](http://www.turningpointtrc.com)

**Email:** [admissionsgroup@turningpointtrc.com](mailto:admissionsgroup@turningpointtrc.com)

## **Zia Recovery Center**

Representatives:

Daniel Smead (Co-Founder, COO), Ruth Rice (Admissions)

**Las Cruces, NM**

**Program Overview:** Withdrawal Management and Inpatient Residential.

Our Residential Withdrawal Management home is nestled in the beautiful Mesilla Valley away from the hustle and bustle of it all. Clients are welcomed by friendly and experienced staff members who are dedicated to aid in any needs the client may have while starting the withdrawal process. Once a client is medically cleared from Withdrawal Management, they begin the Residential Inpatient Treatment Program at the same location. This consists of 25 hours of group therapy per week as well as individual psychotherapy sessions, case management, and daily 12-step meetings. This typically is a 28 day process.

Here the client is introduced to their personal treatment team consisting of a primary therapist, case manager, and a medical/psychiatric provider. This team sees the client through the entirety of the program. Fresh meals are provided daily. assessments and medication management continue to be provided.

**Insurances Accepted:** Private pay, Commercial Insurance, Medicaid

**Admissions Contact:** Ruth Rice      **Admissions Phone Number:** 575-523-0111 Ext:1

**Email:** [info@ziarecoverycenter.com](mailto:info@ziarecoverycenter.com)

**Website:** [www.ziarecoverycenter.com](http://www.ziarecoverycenter.com)

## **Turquoise Lodge Hospital**

**Albuquerque, NM**

Representative: Jeff LaMure (Administrator)

**Program Overview:** Intensive medical detox, inpatient social rehabilitation, intensive outpatient services.

**Insurances Accepted:** Commercial, Medicaid, Tri-care, other funding options.

\* Offers case-by-case sliding scale with financial assistance application.

**Admissions Phone Number:** 505-841-8978 ext: 4

# Haven Behavioral Hospital

Representative:

Amanda Gabaldon (Director of Business Development)

**Albuquerque, NM**

**Program Overview:** Inpatient psychiatric stabilization for adults of all ages, inpatient medical detox, intensive outpatient program for mental health and substance abuse disorders. \*Incoming patients can be on methadone or suboxone.

**Insurances Accepted:** Commercial, Medicaid, Medicare, Tri-care, other funding.

**In-Network Insurances:** Medicare NM, Optum, Presbyterian, Aetna, Amerigroup, BC Advantage, Molina, Care Improvement Plus, Christus Health, True Health NM, Medicaid NM, Western Sky, Tricare, Champ VA, Humana, NM Health Connections

**Admissions Phone Number:** 505-254-4502    **Email:** agabaldon@havenllc.com

**Website:** [www.havenalbuquerque.com](http://www.havenalbuquerque.com)

## New Mexico Wellness Treatment Center

Representatives: Jeffrey Holland (Co-founder), Melonie Jacobs (Co-founder and Executive Director)

**Rio Rancho, NM**

**Program Overview:** Medical inpatient detox with daily on-site visits from medical providers and RN staff, Psychiatrist on staff with weekly on-site visits available when necessary, 30-60 days of inpatient residential treatment of substance abuse, licensed case managers, 1-2 individual in-person therapy sessions per week while inpatient with a licensed therapist, daily in-person groups with Licensed therapists Sun-Saturday, working with a Shaman on-site once a week, 12 step meetings on site. Monday-Friday Yoga classes on-site. Meditation classes on-site. Art classes on-site. Cultural groups to address where clients come from and ancestry trauma. The facility has 22 Private rooms and bathrooms for Phase 1 of the program. Cook to prepare all meals. Mentally Healthy and competent staff working within their scope of practice held to best practices 24/7.

**Insurances Accepted:** Currently only accepting commercial insurances with out of network benefits and private pay.

**Admissions phone number:** (505) 737-1858

**Admissions Email:** [Reachout@newmexicowellness.com](mailto:Reachout@newmexicowellness.com)

## Albuquerque ER & Hospital

Representative: Sanjay Kholwadwala (CEO)

### Albuquerque, NM

**Services:** Emergency medical care, emergent detox, and inpatient 7-day detox with daily counseling, psychiatric telehealth evaluations, and follow-up case management to place individuals in residential, intensive outpatient, or outpatient treatment centers.

**Insurance Accepted:** Any private or commercial insurance.

**Contact:** (505) 431-1900

**Admission Contact:** Kim Valerio, RN (CNO)

**Cell:** (505) 280-6519

**Email:** kvalerio@ABQhospital.com

**Website:** [www.abqhospital.com](http://www.abqhospital.com)

## Memorial Medical Center

Representative:

Tony Baird

Las Cruces, NM

**Program Overview:** Acute medical hospital with addiction and behavioral health resources in Las Cruces.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, Medicare, Tri-Care, other funding.

**Email:** Anthony.baird@lpnt.net

**Phone:** 575-556-5901

## Four Corners Detox Recovery Center

Representatives: Barry Ore (Program Director), Maura Schanefelt (Director of Operations)

Gallup, NM

**Program Overview:** Inpatient medical detox, 30-day residential treatment, and access to extended care services.

**Insurances Accepted:** Medicaid, Commercial, IHS, Private Pay, Tri-care

**Email:** bore@fcdrecovery.org

**Admissions Contact:** Lucille Willie or Stephany Lilly

**Admissions Phone:** (505) 413-3447 press 1

**Admissions Email:** lwillie@fcdrecovery.org

## Vista Taos Renewal Center

Representatives:

Lisa Keltner (Dir. of Community Relations), John Beemer (Director)

**Taos, NM**

**Program Overview:** Inpatient medical detox and result-based holistic residential treatment with MD board certified in addiction medicine, two physician assistants, and nurse practitioner. Extended care services including structured sober-living, and 5-day per week IOP. Intensive aftercare planning. True case by case, multimodality approach. Primarily treating substance use disorders with family, grief and loss, nature and spiritual-based programming in an expansive, yet secluded and intimate setting. 30 years in operation. \*Able to treat women up to six months into pregnancy.

**In-Network with:** BCBS, Presbyterian, TriWest, United Health Care, Cigna, Friday's Health Plan.

**Email:** Lkeltner@vistataos.com

**Lisa's Cell:** 512-413-5669

**Admissions Phone:** 575-758-5858

**Website:** [www.vistataos.com](http://www.vistataos.com)

## Shadow Mountain Recovery

Representative: Julian Duran

**Rio Rancho, NM / Santa Fe, NM / Taos, NM**

**Program Overview:** Inpatient medical detox for Males and Females. 30-90 day multi-modality residential treatment for males located on 37 acres of land in the Taos Mountains. Residential facility for women and men offering 30-90 days of treatment situated in the mountains of Santa Fe. Outpatient, Intensive outpatient program, and 2-4 week Partial Hospitalization Program located in Albuquerque.

**In-Network Insurances:** Aetna, BCBS, First Health Aetna, Healthnet Tricare, Multiplan, Presbyterian/Magellan, Presbyterian Centennial, United Healthcare, Western Sky

**Admissions phone number:** (505) 658-6892

**Website:** [www.shadowmountainrecovery.com](http://www.shadowmountainrecovery.com)

# Serenity Mesa

Representative:

Jennifer Burke (Executive Director)

**Albuquerque, NM**

**Program Overview:** Transitional living, housing and inpatient treatment for young men and women ages 14-24 who struggle with substance use disorder. Serenity Mesa provides inpatient substance abuse treatment for 90 days for young men and women ages 14-21. Serenity Mesa provides transitional living for youth who are involved in juvenile justice, are in or have been in foster care, and/or are involved with CYFD for ages 14-24 and Serenity Mesa has a housing program for homeless individuals who qualify between the ages of 17-24.

**Insurances Accepted:** FREE to all youth across New Mexico. We are able to bill for outpatient services for clients who are insured by Medicaid and some commercial plans.

**Phone Number:** 505-877-3644

**Email:** [info@serenitymesa.com](mailto:info@serenitymesa.com)

**Additional Information:** Serenity Mesa is owned and operated by a nonprofit organization, Healing Addiction in Our Community (HAC). HAC was formed in April of 2010 by a group of concerned parents and grandparents who wanted to raise awareness and provide education about the opiate epidemic affecting the state of NM and its youth. Since that time, we opened Serenity Mesa, a treatment center that provides long-term living and therapy for young people who struggle with addiction.

Serenity Mesa provides a continuum of care that includes 90+ days of substance abuse treatment, transitional living and long-term housing assistance.

Our care includes housing, individual, group, and family therapy, life skills, education (high school and college), job placement and job training, education on living a healthy lifestyle, community engagement and service, and connecting to a sense of purpose. After our residents complete our program successfully, they qualify for rental assistance for one year in addition to a stipend to assist them as they leave our facility and begin their recovery journey. During this time, they will have access to their therapist, case manager, and a peer support worker in our After Care program.

**Website:** <http://healingaddictionnm.org/serenity-mesa/>

## **Carlsbad Lifehouse, Inc.**

Representative: Philip Huston (Executive Director)

**Carlsbad, NM**

**Program Overview:** Medical Detox, 28-day Adult Residential Treatment for males and females, residential treatment for women with children, sober living for individuals and women with children, Intensive Outpatient Services, group outpatient services, individual outpatient counseling.

**Insurances Accepted:** Commercial, Medicaid, Medicare, Private Pay

**Admissions Email:** carlsbadlifehouse@gmail.com

**Admissions Phone:** (575) 725-5552

## **Cenikor**

Representative: Larrissa Mexican (Client Outreach Manager)

**Farmington, NM**

**Program Overview:** Farmington's Cenikor team has licensed, professional staff members with a wealth of experience and a passion for aiding clients through recovery of substance use disorders. Our employees are well-versed in both English and the Navajo language and dedicated to our client's physical and emotional well-being. Our current services are Medical Detox - Withdrawal Management (Males Only) and Intensive Residential Inpatient (Males and Females) for adults.

**Insurances Accepted:** Medicaid, Tri-care, Commercial, Private Pay

**Admissions Phone:** (505) 608-5362

**24/7:** 1-888-CENIKOR

**Admissions Email:** lmexican@cenikor.org or hlopez@cenikor.org

**Website:** [www.cenikor.org](http://www.cenikor.org)

# Hoy Recovery Program, Inc.

Espanola, NM

**Program Overview:** Withdrawal Management Level 3.2, Residential Level 3.5 (Clinically managed), IOP Level 2, OP level 1.

**Insurances Accepted:** Private pay, commercial insurance, Medicaid, other funding.

**Phone Number:** 505-852-2580

**Email:** a.baros@hoyrecovery.org

**Admissions Email:** SD.martinez@hoyrecovery.org

**Admissions Contact:** Shirley Martinez

**Admissions Phone:** 505-852-6708

## Mesilla Valley Hospital

Representative:

Judy Baca (Director of Business Development)

Las Cruces, NM

**Program Overview:** Mesilla Valley Hospital provides mental health and addiction services for adolescents ages 7+ and adults, including adolescent and adult acute psychiatric care, adult psychiatric intensive care, and partial hospitalization program for substance abuse and mental health. MVH inpatient and outpatient specialized programs serve the diverse behavioral health needs of adolescents and adults who are experiencing: suicidal/homicidal thoughts, depression, anxiety, panic attacks, substance use and addiction, psychosis, delusions, hallucinations, severe agitation, aggression, symptoms related to PTSD, Bipolar Disorder, Schizophrenia, Major Depressive Disorder, and other psychiatric conditions. Additional services include 7 day inpatient detox offering subutex.

**Insurances Accepted:** Commercial, Medicaid, Medicare, Centennial Plans, IHS, and Tricare.

**Judy Phone:** 575-405-9366

**Admissions Contact:** Codie Abeyta

**Admissions Phone Number:** 575-382-4998

**Admissions Email:** codie.abeyta@uhsinc.com

**Website:** [www.mesillavalleyhospital.com](http://www.mesillavalleyhospital.com)

# Life Healing Center

Representative: Sheila Neveraz (CEO)

**Santa Fe, NM**

**Program Overview:** Life Healing Center provides trauma-informed mental health and addiction services for adults aged 18 and above including detox, medication-assisted treatment (MAT), 28 - 35 day residential treatment, and partial hospitalization program.

**Insurances Accepted:** Commercial Insurance including Aetna, BCBS, BCBS Federal, Presbyterian, and single case agreements with most managed care organizations.

**Jessica Email:** Jessica.James@life-healing.com

**Jessica Phone:** 979-255-3985

**Admissions phone number:** 800-317-6160

**Website:** www.life-healing.com

# Peak Behavioral Health

Representative:

Kristin Drake (Dir. of Operations)

**Santa Teresa, NM / Las Cruces, NM**

**Program Overview:** 119-bed crisis stabilization psychiatric hospital for adults, adolescents, seniors, and military. Offers residential, inpatient, partial hospitalization, and outpatient services to those struggling with suicidal/ homicidal ideations, substance use disorders, psychosis, aggressive behaviors, depression, PTSD, and many other disorders ranging from high to low acuities. The main hospital is located in Santa Teresa, NM. Also offering PHP and IOP services in Las Cruces.

Free 24/7 mental health screenings at the Santa Teresa Hospital location.

**Insurances Accepted:** Accepts all major commercial and private insurances. If out-of-network, single-case agreements can be negotiated on a case-by-case basis. Accepts NM and TX Medicaid Programs, as well as Medicare/Medicare, Managed Care Plans.

**Kristin Drake Phone Number:** 334-470-3838

**Admissions Phone Number (Las Cruces):** 575-526-0927

**Admissions Phone Number (Santa Teresa):** 575-589-6770 or 575-589-3000

**Email:** kristin.drake@peakbehavioral.com

# **New Mexico Rehabilitation Center**

**Roswell, NM**

Representative: Matthew Rael (Administrator)

**Program Overview:** State hospital offering medical detox, residential, partial hospitalization and intensive outpatient services for substance use disorders.

**Insurances accepted:** Medicare, Medicaid, Tricare, Indian Health Services, Commercial. State Safety Net Hospital.

**Admissions Phone:** (575) 347-3400      **Email:** TeresaD.Williams@state.nm.us

# **Lovelace Grace Program**

**Albuquerque, NM**

Representative: Kelly Wascher, RN, MS (Manager of Clinical Services)

**Program Overview:** Giving Respect and Compassion to Expecting (G.R.A.C.E.) Provides outpatient and inpatient care for pregnant women living with substance use disorder. The G.R.A.C.E. program provides comprehensive care from pregnancy, through delivery and beyond to support patients and their families. Our dedicated OB/GYN and certified nurse-midwives and healthcare providers understand the complexities of substance use and pregnancy and treat patients with the utmost respect during their visits. Connecting patients and families to appropriate community resources is key and helps ensure a smooth transition back home.

**Insurances accepted:** Almost all insurances accepted including commercial and centennial plans.

**Email:** kelly.wascher@lovelace.com

**Phone:** 505-727-5579

**Admissions Phone:** 505-727-5000

# **SteelBridge**

**Albuquerque, NM**

Representative: Shane Rabindranath (Executive Director)

**Program Overview:** Steelbridge is a 12-month Christ-centered, trauma-informed care, therapeutic support residential recovery home. Our program is open to men and women from jail or prison, on probation or parole. Also, to those with substance abuse, behavioral health or co-occurring disorders and/or experiencing homelessness, domestic violence or human trafficking. Our program has bible-based, life skills and trauma and celebrate recovery classes. On-site therapy sessions and GED classes are also provided. We work with our residents to find employment and apply for housing. We are a non-smoking program. We do not accept suboxone, methadone or benzos or medical marijuana.

**Payment not required**

**Men's Admission Email:** [KPowell@mysteelbridge.org](mailto:KPowell@mysteelbridge.org)

**Women's Admission Email:** [krabindranath@mysteelbridge.org](mailto:krabindranath@mysteelbridge.org)

**Admissions Phone:** (505) 346-4673

**Website:** [www.mysteelbridge.org](http://www.mysteelbridge.org)

# **Transitional Living/ Sober Living**

## Zia Recovery Center

Representatives: Daniel Smead (Co-Founder, COO), Ruth Rice (Admissions)  
Las Cruces, NM

**Program Overview:** We cannot stress enough the importance of community and fellowship in recovery. Living, growing, and learning life skills together is a vital part of our overall program.

Our clients here at ZRC reside with us during the duration of Detox through IOP. Our homes and apartments are situated within and around the Las Cruces area.

Once a client is ready to live on their own they are given the option to attend Outpatient groups to assist in the transition of a successful discharge and continuation in recovery.

**Insurances Accepted:** Private Pay, Commercial, Medicaid,

**Admissions Contact:** Ruth Rice    **Admissions Phone Number:** 575-523-0111 Ext:1

**Email:** [info@ziarecoverycenter.com](mailto:info@ziarecoverycenter.com)

**Website:** [www.ziarecoverycenter.com](http://www.ziarecoverycenter.com)

## Turning Point Recovery

Representative:

Paul Tucker (CEO), Dana Stratton (Dir. of Operations)

Albuquerque, NM

**Program Overview:** Male sober living homes with intensive outpatient services.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, Medicare, Tri-care

**Admissions Phone Number:** 505-217-1717

**Email:** [info@turningpointrc.com](mailto:info@turningpointrc.com)

## Vista Taos' Casa Feliz & Casa Vida

Representative: Amanda Merrill (Admissions Specialist)

Taos, NM

**Program Overview:** 12- person male and 4-person female sober living homes right near Taos Plaza. 5-day per week IOP available. Any interested client must be transferring from a residential program and have a minimum 30 days of sobriety.

**Insurances Accepted:** Private pay, Commercial

**Admissions Phone:** 575-737-2567

**Website:** [www.vistataos.com](http://www.vistataos.com)

# Serenity Mesa

Representative:

Jennifer Burke (Executive Director)

**Albuquerque, NM**

**Program Overview:** Transitional living, housing and inpatient treatment for young men and women ages 14-24 who struggle with substance use disorder. Serenity Mesa provides inpatient substance abuse treatment for 90 days for young men and women ages 14-21. Serenity Mesa provides transitional living for youth who are involved in juvenile justice, are in or have been in foster care, and/or are involved with CYFD for ages 14-24 and Serenity Mesa has a housing program for homeless individuals who qualify between the ages of 17-24.

**Insurances Accepted:** FREE to all youth across New Mexico. We are able to bill for outpatient services for clients who are insured by Medicaid and some commercial plans.

**Phone Number:** 505-877-3644

**Email:** [info@serenitymesa.com](mailto:info@serenitymesa.com)

**Additional Information:** Serenity Mesa is owned and operated by a nonprofit organization, Healing Addiction in Our Community (HAC). HAC was formed in April of 2010 by a group of concerned parents and grandparents who wanted to raise awareness and provide education about the opiate epidemic affecting the state of NM and its youth. Since that time, we opened Serenity Mesa, a treatment center that provides long-term living and therapy for young people who struggle with addiction.

Serenity Mesa provides a continuum of care that includes 90+ days of substance abuse treatment, transitional living and long-term housing assistance.

Our care includes housing, individual, group, and family therapy, life skills, education (high school and college), job placement and job training, education on living a healthy lifestyle, community engagement and service, and connecting to a sense of purpose. After our residents complete our program successfully, they qualify for rental assistance for one year in addition to a stipend to assist them as they leave our facility and begin their recovery journey. During this time, they will have access to their therapist, case manager, and a peer support worker in our After Care program.

**Website:** <http://healingaddictionnm.org/serenity-mesa/>

## **Endorphin Power Company**

Representative:

Jeff Holland, LCSW (Executive Director)

**Albuquerque, NM**

**Program Overview:** Sober living and supportive Aftercare. Fitness, free yoga, support group meetings, case management, gym, step-down affordable housing, community garden, outreach and service opportunities, individual therapy.

**Insurances Accepted:** Private Pay, Commercial, other funding options

**Admissions Phone Number:** 505-268-3372    **Email:** [jeff@endorphinpower.org](mailto:jeff@endorphinpower.org)

## **Oxford House Inc.**

Representative:

Carol Kane (Community Liaison), Jennifer Hughes (Admissions)

**Albuquerque, NM / Las Cruces, NM**

**Program Overview:** Self-run, self-supporting homes for recovery across New Mexico. Offer housing for men and women with substance abuse issues. Housing options also include homes for women with children.

**Insurances Accepted:** Private Pay    **Admissions Link:** [www.oxfordvacancies.com](http://www.oxfordvacancies.com)

**Jennifer Hughes Contact:** 575-361-2071 / [jennifer.houghes@oxfordhouse.org](mailto:jennifer.houghes@oxfordhouse.org)

**Carol Kane Contact:** 575-313-1632 / [carolkane@oxfordhouse.org](mailto:carolkane@oxfordhouse.org)

## **Angels With Broken Wings**

Representative: Ginger Shannon (CEO)

**Las Cruces, NM**

**Program Overview:** Soberliving and peer support for adults with a focus on strengthening families, houses are managed by CPSWs.

**Insurances Accepted:** Private Pay    **Phone:** (575) 288-8766

**Email:** [ginger@angelswithbrokenwings.com](mailto:ginger@angelswithbrokenwings.com) or [andrea@angelswithbrokenwings.com](mailto:andrea@angelswithbrokenwings.com)

**Website:** [angelswithbrokenwings.org](http://angelswithbrokenwings.org)

## **Crossroads for Women**

Representative: Cory Lee (Executive Director), Jeanette Carver (Housing Director)

**Albuquerque, & Los Lunas, NM**

**Program Overview:** Transitional housing to women exiting incarceration with co-occurring disorders, permanent supportive housing to women experiencing homelessness with co-occurring disorders, and rental assistance through the state of NM. Housing is coupled with peer support, job assistance drop-in program and outpatient therapeutic services, and access to MAT services.

**Payment:** Medicaid, Medicare

\*Payment is often not required of clients on probation or parole

**Jeanette Phone:** (505) 452-6006

**Email:** jeanettecarver@crossroadsabq.org

**Admission Phone:** (505) 242-1010

**Website:** <https://crossroadsabq.org>

## **The Mountain Center TLP**

Representative: Tony Dixon (Executive Director)

**Pena Blanca, NM**

**Program Overview:** The Mountain Center's Transitional Living Program helps women as well as women with children with recovery support services in a trauma-informed setting. The Mountain Center also offers an open-enrollment program 'Adventures in Recovery', MAT services, and outpatient counseling services. The Mountain Center is a nationally recognized and accredited 501(C)3 educational and therapeutic organization dedicated to promoting personal discovery and social change through the use of creative learning experiences in wilderness, community, and cultural environments.

**Insurances Accepted:** Private Pay, Medicaid, Medicare, IHS, Sliding-Scale

**Admissions Contact:** Marge Kelley

**Admissions Phone:** (505) 465-2040

**Admissions Email:** serina@themountaincenter.org

**Espanola Harm Reduction and MAT Services:** (505) 231-0652

**Website:** [www.themountaincenter.org](http://www.themountaincenter.org)

## **Santa Fe Recovery Center**

**Santa Fe, NM**

**Program Overview:** Intensive outpatient programs, sober living for adult men and women.

**Insurances Accepted:** Private Pay

**Admissions Contact:** Jessica Callow      **Admissions Phone Number:** 505-471-4985

## **Carlsbad Lifehouse, Inc.**

**Representative:** Philip Huston (Executive Director)

**Carlsbad, NM**

**Program Overview:** Sober living for adults and for women with children, intensive outpatient services, group outpatient services, individual outpatient counseling.

**Insurances Accepted:** Commercial, Medicaid, Medicare, Private Pay

**Admissions Email:** carlsbadlifehouse@gmail.com

**Admissions Phone:** (575) 725-5552

## **The Life Link**

**Representative:** Elizabeth Carovillano (Development)

**Santa Fe, NM**

**Program Overview:** Housing and utilities assistance, intensive outpatient services for mental health and substance use disorders, MAT, drop-in center with peer support and recovery tools.

**Insurances Accepted:** Medicaid, Medicare, Commercial Insurances, Private Pay

**Elizabeth Phone:** (505) 395-2527

**Email:** [ecarovillano@thelifelink.org](mailto:ecarovillano@thelifelink.org)

**Admissions Phone:** (505) 438-0010

**Website:** [www.thelifelink.org](http://www.thelifelink.org)

## Hope Realized Homes Foundation

Albuquerque, NM

Representatives: Sherrie and Steve Trezza (Founders)

**Program Overview:** Structured sober living with peer-mentor support , MAT allowed, outsourced support services.

**Payment:** Private pay, approved section 8 and veteran vouchers VASH

**Admissions Phone:** (505) 934-4773

**Email:** [sherrietrezza@gmail.com](mailto:sherrietrezza@gmail.com)

**Website:** [HopeRealizedHomes.org](http://HopeRealizedHomes.org)

## New Mexico Veterans Integration Centers

Albuquerque, NM

Representative: Brock Wolff (CEO)

**Program Overview:** Mental health counseling, emergency housing, transitional housing, food pantry, nutrition education, clothing donation and transportation services for veterans throughout the state of New Mexico.

\*No Payment Required

**Admissions Phone:** 505-562-0800

**Website:** [NMVIC.org](http://NMVIC.org)

## Interfaith Community Shelter

Santa Fe, NM

Representative: Korina Lopez (Executive Director)

**Program Overview:** Drop-in Center, Advocacy and Emergency Shelter

\*No Payment Required

**Admissions Phone:** (505) 975-7494

**Website:** [www.interfaithsheltersf.org](http://www.interfaithsheltersf.org)

**Korina Phone:** (505) 477-1632

# **Intensive Outpatient/ Outpatient Services**

## Turning Point Recovery Center, Inc.

Representatives:

Paul Tucker (CEO), Dana Stratton (Dir. of Operations)

Albuquerque, NM

**Program Overview:** Intensive outpatient, outpatient detox, sober living available for men, Vivitrol.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, Medicare, Tri-care

**In-Network:** BCBS, Presbyterian, Tricare, Aetna, Molina, NM TrueHealth, Fridays, Medicaid.

**Paul Tucker phoner:** 505-440-9545

**Admissions Phone:** 505-217-1717

**Email:** [admissionsgroup@turningpointrc.com](mailto:admissionsgroup@turningpointrc.com) **Website:** [www.turningpointrc.com](http://www.turningpointrc.com)

## Zia Recovery Center

Representatives: Daniel Smead (Co-Founder, COO), Ruth Rice (Admissions)

Las Cruces, NM

**Program Overview:** Our IOP treatment level is the next step in our program after PHP. Community living is a vital function in this level of care. ZRC Cafe is now open offering OP services 6 hours a week, Monday, Tuesday, Thursday Evenings.

Clients enter into an apartment style living arrangement with peers in the program. They are taken grocery shopping weekly and prepare meals together in the apartment style living arrangement and are able to obtain personal transportation or utilize ZRC transportation to and from groups at our central office.

24-7 staff are present at the apartments for accountability measures. Programming is 10 hours of group sessions per week plus individual psychotherapy and case management.

Clients are able to obtain employment and begin stepping into productive roles in society in order to complete goals and begin working on a detailed aftercare plan.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, other funding options

**Admissions Phone Number:** 575-523-0111

**Email:** [info@ziarecoverycenter.com](mailto:info@ziarecoverycenter.com)

**Website:** [www.ziarecoverycenter.com](http://www.ziarecoverycenter.com)

## **Tewa Roots Society**

Representatives: Ryan Martinez (Program Manager), Anna Balsamo (Clinical Supervisor), Sam Ringer (Clinical Manager), Amanda Abeyta (Counselor, Case Manager)

### **Nambé Pueblo**

**Program Overview:** Tewa Roots Society is an outdoor behavioral health and clinical service provider serving individuals, families, and groups in Nambe, as well as neighboring tribes across New Mexico. Our focus is on providing the most innovative and accessible evidence-based services necessary to help mitigate and address the soaring rates of substance use and mental health-related needs in indigenous populations across the state. Our person-centered approach integrates comprehensive clinical wraparound services, while our community-focused group services provide engaging and prescriptive program options tailored to the unique needs of the group. Tewa Roots Society's clinical team offers person-centered adventure therapy, art therapy, talk therapy, substance use counseling, and clinical case management to individuals, couples, families, and groups. The clinicians at TRS can help these individuals, couples, families, and groups enhance coping skills, resolve trauma, overcome addiction, and increase life satisfaction. TRS' clinicians offer in-person therapy, telehealth therapy, and mobile counseling services. TRS also offers referrals and full financial assistance for individuals in need of residential treatment for overcoming substance use.

**Insurances Accepted:** Medicaid, IHS, Other funding sources

**Anna Balsamo Contact:** 505-930-2784

**Admissions Phone:** 505-930-2784

**Email:** abalsamo@nambepueblo.org

**Website:** [www.tewarootssociety.com](http://www.tewarootssociety.com)

## **High Desert Healing**

Representative: Lauren Gomez, LCSW (Owner, CEO)

### **Albuquerque, NM**

**Program Overview:** Outpatient psychotherapy, trauma therapies such as EMDR. Meditation, support groups, CCSS, focus on nutrition.

**Insurances Accepted:** Presbyterian, BCBS, Medicare, Centennial Plans, NM True Health, Tricare, United Healthcare, sliding scale private pay rates available

**Lauren Gomez:** LaurenG@hdhnm.com

**Admissions Contact:** Holly

**Admissions Email:** info@hdhnm.com

**Admissions Phone:** (505) 717-1332

**Website:** www.hdhnm.com

## **Serna Solutions**

Representative: Brian Serna (CEO)

### **Santa Fe & Albuquerque**

**Program Overview:** Outpatient for mental health and addictions. Individual therapy, Family therapy and groups (DBT for adults and adolescents). CRAFT services (for families who have a loved one with and addiction) and the hub for all CRAFT services statewide.

**Insurances Accepted:** Private pay, Commercial, Medicaid, Medicare In-network: BCBS, Presbyterian, United Healthcare, Cigna, Aetna, NM True Health and more (but no Medicare).

**Admissions: Santa Fe:** (505) 207-8929

**ABQ:** (505) 305-4949

**Email: Santa Fe:** officemanager@sernasolutionsllc.com **ABQ:** [info@sernasolutionsllc.com](mailto:info@sernasolutionsllc.com)

## **Solutions Treatment Center**

Representative:

Amy Lashway (Executive Director)

### **Santa Fe, NM / Albuquerque, NM**

**Program Overview:** Intensive outpatient and outpatient treatment for mental health and/or addictions. Specializes in family of origin issues, grief, and loss, relationships, boundaries, meaning, and purpose. Accepting clients who struggle with depression, anxiety, PTSD, dual diagnosis, and/or substance abuse.

**Insurances Accepted:** In-Network with BCBS, Presbyterian, Fridays HealthPlan, True Health, and Centennial Plans.

**Admissions Phone:** 877-499-1354

**Email:** solutionstreatmentcenter@gmail.com

**Website:** [www.TreatmentSolutions.org](http://www.TreatmentSolutions.org)

## Umoja Behavioral Health

Representative: Kenneth Winfrey (CEO)

**Albuquerque, NM & Tele-Health**

**Program Overview:** IOP with tracks for substance use disorders and mental health. Outpatient counseling, peer support and advocacy.

**Insurance accepted:** Aetna, BCBS, Christus, Cigna, Friday, GEHA, HealthSCOPE, HMC, Humana, Medicaid, Medica, Molina, Optum, PNOA, Presbyterian, Prime Health Services, Three River's PPO, Tricare, True Health NM, UMR, United Healthcare, Western Sky

**Admissions Contact:** Tracy Robert

**Admissions Phone:** (505) 633-8173

**Admissions Email:** [info@umojawellness.com](mailto:info@umojawellness.com)

**Website:** [www.umojawellness.com](http://www.umojawellness.com)

## Crossroads for Women

Representative: Cory Lee (Executive Director), Jeanette Carver (Housing Director)

**Albuquerque, & Los Lunas, NM**

**Program Overview:** Transitional housing to women exiting incarceration with co-occurring disorders, permanent supportive housing to women experiencing homelessness with co-occurring disorders and rental assistance through the state of NM. Housing is coupled with peer support, job assistance drop in program and outpatient therapeutic services and access to MAT services.

**Payment:** Medicaid, Medicare

\*Payment is often not required of clients on probation or parole

**Jeanette Phone:** (505) 452-6006

**Email:** [jeanettecarver@crossroadsabq.org](mailto:jeanettecarver@crossroadsabq.org)

**Admission Phone:** 5052421010

**Website:** <https://crossroadsabq.org>

## Haven Behavioral Hospital

Representatives:

Amanda Gabaldon (Dir. of Business Development), Jeremy Jaramillo  
(Outpatient Director)

**Albuquerque, NM**

**Program Overview:** Intensive outpatient, Partial Hospitalization, offers multiple tracks for behavioral health, substance use disorders, and co-occurring disorders. Matrix model, DBT, etc.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, Medicare, Tri-care, other funding options

**Admissions Phone Number:** 505-254-4564

**Email:** ABQoutpatient@havenllc.com

**Website:** [www.havenalbuquerque.com](http://www.havenalbuquerque.com)

## Recoverings Solutions Nutrition

Representative:

AnnaLisa Hightower, RDN, LD (Dietician)

**NM, Regional**

**Program Overview:** Recoverings offers education to individuals and groups regarding substance use and their effects on micronutrient stores, how to replenish these stores, and how to improve mental and physical fog. We are trained to help heal disordered eating that often arises from substance abuse, and conduct exams that can uncover malnutrition. We are skilled in helping others discover the best way to heal themselves from the inside out through applied nutrition practices.

**Insurances Accepted:** In Network with Western Skies, Presbyterian, BCBS, UHC

**Admissions Phone:** 505-255-6887      **Email:** recoveringsolutionsnutr@gmail.com

## **Krossroads Integrative Health & Recovery Solutions**

Representatives: Katie Webb (CEO), Bob Barnes (Dir. of IOP)  
**Albuquerque, Santa Fe, Las Vegas, Raton, Espanola NM**

**Program Overview:** Assessment, Intensive Outpatient, CCSS, MAT, Medical evaluations and management, family programming, and crisis intervention.

**In-Network Insurances:** Presbyterian Commercial & Centennial, BCBS Commercial, Senior, Western Skies, United Healthcare, Tricare

**Emails:** bbarnes@krossroadsbehavioral.com or katie.webb@krossroadsnm.org

**Admissions Email:** victoria.urquidey@krossroadsnm.org

**Admissions Phone:** (505) 715-4610

**Website:** [www.krossroadsnm.org](http://www.krossroadsnm.org)

## **Quantum Behavioral Health, LLC**

Representative: Sterling Brown (Owner/ therapist)  
**Albuquerque, NM**

**Program Overview:** Outpatient counseling for adolescents, adults, and couples.

**Insurances Accepted:** Private pay, commercial, Medicaid

**In-network:** Presbyterian

**Email:** Admin@quantumbh.com

**Phone:** (505) 373-1191

## **Four Corners Recovery**

Representative: Barry Ore (Program Director)  
**Gallup, NM**

**Program Overview:** 16 hours a week of intensive outpatient programming as well as OP treatment and MAT services.

**Insurance Phone:** (505) 405-9443

**Admissions:** (505) 413-3447 press 2

**Email:** bore@fcdrecovery.org

## **Darrin's Place**

Representative: Suzanne Lujan (Executive Director)

**Espanola, NM**

**Program Overview:** Intensive outpatient program with available wrap-around services, including housing.

**Insurances Accepted:** Presbyterian Centennial, Western Skies, NM Medicaid

**Admissions Phone:** (505) 376-7288

**Email:** rfs@darrinsplace.com

**Website:** [www.darrinsplace.com](http://www.darrinsplace.com)

## **Pinwheel Healing Center**

Representative: Margaret Suehr

**Rio Rancho, Albuquerque, Taos, Roswell, Raton and Las Vegas NM**

**Program Overview:** Intensive Outpatient treatment for substance use disorders (both adult and adolescence), MAT, Medication management, outpatient services for cases of primary mental health, peer support, and recovery tools. Pinwheel is one of the very few programs equipped to treat sex offenders.

**Insurances Accepted:** Commercial, Medicaid, Medicare, and Tri-care

**Margaret's Email:** margaret@pinwheelhealing.com

**Margaret's Phone:** 505-948-1811

**Admissions Contact:** Victoria Moyer

**Admissions Email:** info@pinwheelhealing.com

**Admissions Phone:** 505-636-6100

**Website:** [www.pinwheelhealing.com](http://www.pinwheelhealing.com)

## **Mesa Vista Wellness**

Representative: Tod Dicecco (Executive Director)

**Santa Fe, NM**

**Program Overview:** IOP, Individual therapy, Medication Management, Family therapy, Mental health and substance abuse counseling, and groups for all ages.

**Insurances Accepted:** Private pay, Commercial, Medicaid, Medicare

**In-network:** BCBS, Presbyterian, United Healthcare, Cigna, Christus Health, NM True Health

**Email:** Tod@mesavistawellness.com

**Admission Phone:** (505) 983-8225

**Admission Email:** Info@mesavistawellness.com

## **The Mountain Center TLP**

Representative: Tony Dixon (Executive Director)

**Pena Blanca, Espanola, and Edgewood, NM**

**Program Overview:** The Mountain Center offers an open-enrollment program 'Adventures in Recovery', MAT services, and outpatient counseling services. The Mountain Center is a nationally recognized and accredited 501(C)3 educational and therapeutic organization dedicated to promoting personal discovery and social change through the use of creative learning experiences in wilderness, community, and cultural environments. Harm reduction services for youth, adults, and families via OP and IOP in Espanola are available as of year 2022.

**Insurances Accepted:** Private Pay, Medicaid, Medicare, IHS, Sliding-Scale

**Admissions Contact:** Marge Kelley

**Admissions Phone:** (505) 983-6158

**Admissions Email:** Marge@TheMountainCenter.org

**Espanola Harm Reduction and MAT Services:** (505) 231-0652

**Website:** [www.themountaincenter.org](http://www.themountaincenter.org)

## **Rio Grande ATP**

Representative:

Lawrence Medina (Executive Director)

**Taos, Las Vegas, and San Miguel County, NM**

**Program Overview:** Intensive Outpatient services for substance use disorders, peer support, comprehensive assessments, individual and group therapy, drop-in support.

**Insurances Accepted:** Private pay, Commercial, Medicaid

**Email:** [lawrence@riograndeatp.org](mailto:lawrence@riograndeatp.org)

**Admissions Phone:** 575-737-5533

**Admissions Email:** [contact@riograndeatp.org](mailto:contact@riograndeatp.org)

**Las Vegas, NM:** Victoria Baca, [victoria@riograndeatp.org](mailto:victoria@riograndeatp.org)

## **Moringa Health + Wellness, LLC**

Representative: Nika Lawrie, CFNC, CHC (Founder/ CEO)

**Albuquerque, NM**

**Program Offerings:** Helping people heal or successfully manage chronic health issues through functional medicine, nutrition, and environmental toxin support and education.

**Payment:** Private pay

**Email:** [nika@moringahealthandwellness.com](mailto:nika@moringahealthandwellness.com)

**Phone:** 505-933-9391

**Website:** [www.moringahealthandwellness.com](http://www.moringahealthandwellness.com)

## **To Be Found Counseling**

Representative: Marni Goldberg (Owner)

**Albuquerque, NM**

**Program Overview:** Private practice specializing in EMDR for trauma and substance use disorders.

**Insurances Accepted:** BCBS, Presbyterian, Medicaid

**Email:** [marni@tobefoundcounseling.com](mailto:marni@tobefoundcounseling.com)

**Phone:** (505) 524-3543

**Website:** [www.tobefoundcounseling.com](http://www.tobefoundcounseling.com)

## **Allies for First Responders**

Representative: Mary Baca (Owner/CEO)

**Albuquerque, NM**

**Program Overview:** Individual counseling and intensive outpatient programs for first responders and their family members, nurses, trauma-based careers. Also provides couples counseling, substance abuse counseling, trauma counseling, PTSD, gender diversity concerns, and mental health issues.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, and Tricare

**Email:** [Odyssey.counselingIII@gmail.com](mailto:Odyssey.counselingIII@gmail.com)

**Phone:** 505-315-7397

**Admission Email:** [odyssey.jamie19@gmail.com](mailto:odyssey.jamie19@gmail.com)

## **Coffee on the Couch Counseling, LLC**

Representative: Dr. Tracy Hollingworth (Owner, clinician)

**Albuquerque, NM**

**Program Overview:** Intensive outpatient programs for Mental Health and Substance Use Disorders, peer support, trauma work, level-1 OP therapy and groups.

**In Network Insurances:** Private Pay, Medicaid, Commercial, Medicare, Tricare.

**Admissions Phone Number:** (505) 705-0571

**Email:** [info@coffeeonthecouchcounseling.com](mailto:info@coffeeonthecouchcounseling.com)

**Website:** [www.coffeeonthecouchcounseling.com](http://www.coffeeonthecouchcounseling.com)

## **Meridian Behavioral Health**

Representative: Abby Long (Program Director)

**Albuquerque, NM**

**Program Overview:** Individual and group therapy for adolescents and adults, Dialectical (DBT), Eye Movement Desensitization & Reprocessing Therapy (EMDR), Sand Tray, Mindfulness-Based Cognitive Therapy (MBCT), Somatic, Narrative, Acceptance and Commitment (ACT), Feminist Therapy, Interpersonal

**Insurances Accepted:** Commercial, Medicare, Medicaid, Private Pay

**Phone:** 505-639-5916

**Email:** [abbyl@meridianbxhealthinc.com](mailto:abbyl@meridianbxhealthinc.com)

**Website:** [meridianbxhealthinc.com](http://meridianbxhealthinc.com)

## **Intentional Path Counseling**

Representative: Vanya Garabedian (Owner, LCSW)

**Albuquerque, NM**

**Program Overview:** Counseling agency specializing in providing aftercare to those in early recovery.

**Insurances Accepted:** In network with Presbyterian, Molina, Western Sky

**Phone:** 505-980-0954

**Email:** [vanya@intentionalpathcounseling.com](mailto:vanya@intentionalpathcounseling.com)

## **Eating Disorders Treatment Center**

Representative: Bob Keys

**Albuquerque, NM**

**Program Overview:** Individual behavioral health therapy for eating disorders and related issues as well as individual nutritional counseling. Intensive Outpatient Treatment for those struggling with eating disorders, psychotherapy, Partial hospitalization, DBT, CBT art therapy, yoga

**Insurances accepted:** Private Pay, Commercial, Medicaid, Tri-care

**In-Network:** Most insurances covering New Mexicans

**Phone:** 505-266-6121 Ext: 110

**Email:** [Robert@eatingdisordersabq.com](mailto:Robert@eatingdisordersabq.com)

**Admissions Contact:** David Keys

**Admissions Phone Number:** 505-266-6121 Ext: 111

**Email:** [David@eatingdisordersabq.com](mailto:David@eatingdisordersabq.com)

## **Carlsbad Lifehouse, Inc.**

Representative: Philip Huston (Executive Director)

**Carlsbad, NM**

**Program Overview:** Intensive outpatient services, group outpatient services, individual outpatient counseling. Adult sober living is also available, including for women with children.

**Insurances Accepted:** Commercial, Medicaid, Private Pay, Medicare

**Admissions Email:** carlsbadlifehouse@gmail.com

**Admissions Phone:** (575) 725-5552

## **New Mexico Veterans Integration Centers**

**Albuquerque, NM**

Representative: Brock Wolff (CEO)

**Program Overview:** Mental health counseling, emergency housing, transitional housing, food pantry, nutrition education, clothing donation and transportation services for veterans throughout the state of New Mexico.

\*No Payment Required

**Admissions Phone:** 505-562-0800

**Website:** [NMVIC.org](http://NMVIC.org)

## **Coyote Counseling**

Representative: Kathy Young (Owner)

**Albuquerque, NM**

**Program Overview:** Private Practice therapy for mental health and substance use disorders.

**Insurances Accepted:** Presbyterian/Magellan, BCBS of NM, Western Sky, Friday Health Plans, Multi-Plan Health

**Phone:** 505-717-5992

**Email:** kyoungcounseling@gmail.com

# Open Skies Healthcare

Representative: Amber Rockwell, LPCC (Clinical Director)

**Albuquerque, Grants, Rio Rancho, Los Lunas**

**Program Overview:** Adolescent Treatment, Outpatient Mental Health, Peer Support, Advocacy, Recovery Tools; Behavior Management for ages 3-21, Respite Services ages 4-17, Comprehensive Community Support Services 3-adulthood, Outpatient Therapy 3-adulthood, Treatment Foster Care ages 3-17.

**Additional Information:** Open Skies is a behavioral health agency providing professional support with therapy, community support, behavioral management, and respite to help clients manage symptoms of mental health diagnosis, recover, and gain resiliencies in day-to-day functioning.

Outpatient Therapy for individuals ages 3-adulthood. Work with a licensed therapist to work through emotional and behavioral struggles, relationship concerns, process overwhelming and potentially traumatic events, and increase self-awareness.

Comprehensive Community Support Services (CCSS) for individuals ages 3-adulthood. This service meets with the clients in their community and supports them with understanding behavioral health symptoms, increasing day-to-day functioning, identifying supportive resources, connecting to their community, and crisis management.

Community Behavioral Respite, where children ages 4-17 engage in a 4-hour program provides structured activities that are fun, but also enhance skills such as emotional regulation, social interaction, and cognition. Activities may include arts & crafts, board games, sports, reading, community outings. Our staff are trained professionals who engage with children patiently to allow for parents to have a break with a ratio of 1:4.

Behavior Management Services (BMS) for children ages 3-21 who need 1:1 support as their behavioral responses to structure, instruction, expectations, and relationships can be harmful to self or others. Behavioral support workers help interrupt the behavioral pattern and teach new skills to regulate emotions, communicate wants and needs, and safely engage in school, home, and community environments.

Treatment Foster Care (TFC) is for children ages 3-18 who are in need of a 24/7 level of supervision as they are struggling with complex emotional and behavioral responses to their environment and relationships. They are placed within a trained licensed foster home and receive intensive treatment so they can return to their biological family, foster family, potential adoptive family, or independent living situation safely.

**Insurances Accepted:** Medicaid (Western Sky, Presbyterian, BCBS)

**Admissions Phone:** 505-345-8471

**Admissions Email:** [info@openskieshealthcare.org](mailto:info@openskieshealthcare.org)

**Website:** [www.OpenSkiesHealthcare.org](http://www.OpenSkiesHealthcare.org)

## Sage Neuroscience Center

Representative: Lana Reihana (Clinical Director)

Albuquerque, NM

**Program Overview:** Outpatient detox, medication management, primary care, psychiatric services, adolescent treatment, intensive outpatient services for mental health and substance use disorders. Individualized and group therapy. TMS & Ketamine treatments for more severe treatment-resistant cases of depression.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, Medicare, Aetna, AllWell, BCBS, Molina, Presbyterian, TrueHealth, & Western Sky

**Emails:** Ireihani@sageclinic.org

**Admissions Phone Number:** 505-884-1114

**Website:** [www.sageclinic.org](http://www.sageclinic.org)

## Full Circle Recovery

Representative: Billy Garberina, LCSW (Owner)

Los Lunas, NM/ Socorro, NM/ Albuquerque, NM

**Program Overview:** Intensive Outpatient Program with a 16 week “Matrix” model approach, outpatient therapy, outpatient detox, med management, PHP. IOP for adolescents.

**Insurances Accepted:** Medicaid and Private-pay

**Admissions Phone Number:** 505-865-4140

## The Grief Center

Representative: Veronica Flores (Program Manager)

Albuquerque, NM

**Program Offerings:** Peer support for ages 5 and up, education, webinars and workshops for families and individuals struggling with grief. **No payment required**

**Admissions Email:** info@childrensgrief.org

**Admissions Phone:** (505) 323-0478

**Website:** [www.childrensgrief.org](http://www.childrensgrief.org)

## **Mesilla Valley Hospital**

Representative:

Judy Baca (Director of Business Development)

**Las Cruces, NM**

**Program Overview:** Mesilla Valley Hospital provides mental health and addiction services for adolescents ages 7+ and adults, including adolescent and adult acute psychiatric care, adult psychiatric intensive care, and partial hospitalization program for substance abuse and mental health. MVH inpatient and outpatient specialized programs serve the diverse behavioral health needs of adolescents and adults who are experiencing: suicidal/homicidal thoughts, depression, anxiety, panic attacks, substance use and addiction, psychosis, delusions, hallucinations, severe agitation, aggression, symptoms related to PTSD, Bipolar Disorder, Schizophrenia, Major Depressive Disorder, and other psychiatric conditions. Additional services include 7 day inpatient detox offering subutex.

**Insurances Accepted:** Commercial, Medicaid, Medicare, Centennial Plans, IHS, and Tricare.

**Judy Phone:** 575-405-9366

**Admissions Contact:** Codie Abeyta

**Admissions Phone Number:** 575-382-4998

**Admissions Email:** [codie.abeyta@uhsinc.com](mailto:codie.abeyta@uhsinc.com)

**Website:** [www.mesillavalleyhospital.com](http://www.mesillavalleyhospital.com)

## **Rio Grande Counseling**

Representative: Brett Beutel

**Albuquerque, NM**

**Program Overview:** Intensive Outpatient treatment for substance abuse, general counseling for mental health, psychiatric medication management, psychiatric assessments, recovery counseling.

**Insurances accepted:** Private Pay, Commercial, Medicaid

**Admissions Phone Number:** 505-246-8700

**Website:** [www.riograndecgs.com](http://www.riograndecgs.com)

# Elevation Counseling Group

Representative: Michelle Dozal (Office Team Lead)

## Albuquerque, NM & Telehealth

**Program Overview:** Individual adult counseling, family counseling, couples counseling, children's counseling for ages 13 and above. Focus on the support for the family of a person in recovery. Now offering medication management and Telehealth services. Works in the school community to work with children and families, which is run through the APS school counselors.

**Specialties include:** Cognitive Behavioral Therapy (CBT)  
Dialectical Behavior Therapy (DBT)  
LGBTQ+ Affirming  
Transgender-Affirming  
Spiritually-Oriented Psychotherapy  
Christian-Centered  
Mindfulness

**Insurances Accepted:** Private Pay, Commercial, Medicaid, and Tricare

**In-Network Insurances:** United Healthcare, Optum, UMR, GEHA, Presbyterian, BCBS, TrueHealth NM, Friday Health Plans, Molina, Medicaid, Tricare, and ChampVA

**Admissions Phone Number:** 505-888-1686

**Admissions Email:** office@elevationcounseling.com

**Website:** [www.elevationcounseling.com](http://www.elevationcounseling.com)

## First District Court IOP

**Program Overview:** Intensive outpatient programs for criminal justice-involved adults with substance use disorders and co-morbid mental health disorders.

**Insurances Accepted:** Other funding options

\*Needed referral through the courts, services are at no cost to clients

**Admissions Phone Number:** 505-455-8218

**Email:** sfedlgs@nmcourts.gov

# Community Drug Coalition of Lea County

Representative: Jared Sloan (Clinical Director)

Hobbs, NM

**Program Overview:** The CDC of Lea County provides a variety of outpatient substance abuse treatment services free of charge. Referral assistance, recovery coaching, IOP, free counseling, and SUD evaluations plus more services are available. Free Narcan and training available.

**\*Services free of charge**

**Admissions Contact:** Jared Sloan

**Jared's Phone:** (575) 391-1301

**Email:** [jared@leacountycdc.org](mailto:jared@leacountycdc.org)

**Website:** [www.leacountycdc.org](http://www.leacountycdc.org)

## Kewa Pueblo Health Corporation/ Santo Domingo Health Center

Santo Domingo Pueblo

**Program Offerings:** Individual, group, family & couple therapies, psychological evaluations, medication evaluation & Management. Wrap-around services include comprehensive case management, Acu detox, medication-assisted treatment, and telemedicine. Services are only available to members of a federally recognized tribe.

**Insurances Accepted:** Private Pay, IHS, Medicaid, Commercial, Medicare, Tricare, Presbyterian, BCBS, Molina, Aetna.

**Admission Email:** [dcoriz@kp-hc.org](mailto:dcoriz@kp-hc.org)

**Admission Phone:** 505-465-5511

**Website:** [www.kp-hc.org](http://www.kp-hc.org)

## **Peak Behavioral Health**

Representative:

Brandon Estrada

### **Las Cruces and Santa Teresa, NM**

**Program Overview:** Partial Hospitalization, Intensive Outpatient services as well as the Assertive Community Treatment (ACT) for mental health or co-occurring disorders. MAT services available. Peak also offers a specialty PHP program for adolescents. The treatment team is also able to assist in transportation to ensure participation in programming.

**Insurances Accepted:** Accepts all major commercial and private insurances. If out-of-network, single-case agreements can be negotiated on a case-by-case basis. Accepts NM and TX Medicaid Programs, as well as Medicare/Medicare, Managed Care Plans.

**Admissions Phone Number (Las Cruces):** 575-526-0927

**Admissions Phone Number (Santa Teresa):** 575-589-6770 or 575-589-3000

**Email:** brandon.estrada@peakbehavioral.com

## **Trauma and Recovery Centers**

Representatives: Teresa Dahlin (Owner), Sandra Morales (Clinical Director)

### **Silver City, NM**

**Program Overview:** Adolescent and adult intensive outpatient services for mental health and substance use disorders, with specialties in holistic modalities in treatment of addiction and trauma.

**Insurances Accepted:** Commercial, Medicaid, BCBS, Presbyterian, and Western Sky

**Teresa Phone:** (575) 654-2919

**Sandra Phone:** (575) 654-6799

**Admission Email:** info@traumaandrecoverycenters.com

**Admission Phone:** 575-654-0576

## **Neuroo Counselings, LLC**

Representative:

Heather Georgiff, LPCC (Owner, Therapist)

**Albuquerque, NM**

**Program Overview:** EMDR therapy (simple and complex trauma), children and teens (4+) depression, anxiety, self-harm, PTSD, anger, suicidal ideation.

**Insurances Accepted:** Private Pay

**Admissions Phone Number:** 505-886-1381

**Email:** info@neuroo.org

**Website:** [www.neuroo.org](http://www.neuroo.org)

## **Blue Bird Healing**

Rosa Gallegos-Samora, LCSW (Owner, Psychotherapist)

**Albuquerque, NM**

**Program Overview:** Private practice mental health therapy, recovery tools, advocacy, and immigration evaluation. Offers outreach at transgender resource center also.

**Insurances Accepted:** Private pay, Commercial, Medicaid, Medicare.

**Contact:** Rosa Gallegos-Samora

**Phone:** (505) 738-3233

## **Enchantment Counseling**

Representative: Jocelyn Allen (CEO), Sal Mora (COO)

**Albuquerque, NM**

**Program Overview:** Outpatient group and individualized counseling for substance use disorders as well as mental health. Treating adolescents as well as adults. Also offering medication management.

**Insurances Accepted:** Presbyterian, NM TrueHealth, Western Skies, BCBS, Medicaid, Medicare, Tri-care

**Admissions Phone Number:** 505-257-6867

**Email:** info@EnchantmentCounseling.com **Website:** [www.enchantmentcounseling.com](http://www.enchantmentcounseling.com)

## **Duke City Recovery Toolbox**

Representative: James Widner (CEO)

**Albuquerque, NM**

**Program Overview:** Outpatient Detox, Medication-Assisted Treatment, assessments, psychiatric services, peer support services, behavioral therapy, long term recovery tools. After-hours & late night appointment times.

**Insurances Accepted:** Commercial, Medicaid, Medicare, Tricare, Private Pay

**Email:** James@dukecityrecovery.com      **James' Phone:** 505-550-6371

**Admissions Phone:** 505-224-9777      **Website:** [www.Dukecityrecovery.com](http://www.Dukecityrecovery.com)

## **Ideal Option**

Representative: Athena Huckaby, MPH (Community Outreach Coordinator)

**Albuquerque, Farmington, Las Cruces, Rio Rancho**

**Program Overview:** Ideal Option provides low-barrier MAT for alcohol, opiates, methamphetamine, and polysubstance use disorders. Ideal Option is also able to serve adolescents 14 and up.

**Insurances Accepted:** All NM Medicaid plans (BCBS, Pres, Western Sky, Straight Medicaid), Medicare, Tricare, all commercial insurances, and Charity Care Plan

**Athena Huckaby Phone:** 575-519-5055      **Email:** athenahuckaby@idealooption.net

**Admissions Contact:** Leslie Fogel      **Admissions Phone:** 877-522-1275

**Direct Referral:** 844-GO-IDEAL      **Admissions Email:** referralgroup@idealooption.net

**Website:** [www.idealoption.com](http://www.idealoption.com) or [my.idealoption.org/appointments/](http://my.idealoption.org/appointments/)

## **Courageous Transformations**

Representative: Charlotte Breeden (CEO)

**Albuquerque & Gallup, NM**

**Program Overview:** Methadone, suboxone, maintenance and titration, case management services, harm reduction education, Narcan distribution, Hep C testing, and treatment coordination. As well as outpatient benzodiazepine medical detox.

**Insurances Accepted:** Private pay, Commercial insurances, Medicaid, Medicare, and Tricare.

**Email:** info@couragenm.com

**Admissions Contact:** Charlotte Breeden

**Admissions Phone:** 505-800-7092 **Website:** <https://courageustransformations.com/>

## **New Seasons Central NM Treatment Center**

Representative: Denise Savchuk, CPSW

**Albuquerque, NM**

**Program Overview:** Outpatient services providing MOUD through methadone treatment, peer support to provide basic needs and recovery tools.

**Insurances Accepted:** Medicaid, Medicare, Private Pay and Commercial

**Denise Phone:** (505) 382-5715

**Email:** denise.savchuk@cmglp.com

**Website:** [www.newseason.com](http://www.newseason.com)

## **ALT Recovery Group**

Representative: Isaac Lucero

**Las Cruces, NM**

**Program Overview:** Opioid Maintenance Treatment and outpatient detox in Las Cruces.

**Insurances Accepted:** Private pay, commercial insurances, Tri-Care, and Medicaid.

**Phone Number:** 575-522-0660

**Email:** Isaac@altrecoverygroup.com

## **Albuquerque Behavioral Health**

Representative: Bobbie Anderson, LPCC (Owner)  
**Albuquerque, NM**

**Program Overview:** Outpatient behavioral health and level-1 substance abuse programs with group therapy.

**Insurances Accepted:** Commercial and Medicaid.

**In-network insurance:** BCBS, Aetna, United Healthcare

**Phone:** 505-304-2473

**Email:** BobbieA@abqbh.com

## **Angel Peak Counseling**

Representative: Telecia Crockett (Program Manager)  
**Bloomfield and Farmington, NM**

**Program Overview:** Adult and Adolescent outpatient treatment for substance use disorders and mental health. Offering individual, group, and family therapy. Angel Peak also offers EAP services and The Law Enforcement Diversion Program.

**Insurances Accepted:** Commercial, Medicaid, Tri-Care, Private Pay

**Admissions Contact:** Telecia Crockett or Jessica Bair

**Phone:** 505-330-8220

**Email:** info@angelpeakcounseling.org

**Website:** [angelpeakcounseling.business.site](http://angelpeakcounseling.business.site)

## **Desert Bloom LLC**

Representative: Ricki Bloom, LCSW  
**Albuquerque, NM**

**Program Overview:** Offering group therapy, therapy for previous incarceration, schizophrenia, unhoused population, active use, harm reduction, SUD, SMI etc, workshops, trainings, consultation.

**Insurances Accepted:** Private pay, Commercial, Medicaid, Medicare, Tri-care

**Admissions Phone:** (480) 331-4039

**Email:** rickidesertbloom@gmail.com

**Website:** [www.rickidesertbloom.com](http://www.rickidesertbloom.com)

## Lovelace Grace Program

Representative: Kelly Wascher, RN, MS (Manager of Clinical Services)  
Albuquerque, NM

**Program Overview:** Giving Respect and Compassion to Expecting (G.R.A.C.E.) Provides outpatient and inpatient care for pregnant women living with substance use disorder. The G.R.A.C.E. program provides comprehensive care from pregnancy, through delivery and beyond to support patients and their families. Our dedicated OB/GYN and certified nurse-midwives and healthcare providers understand the complexities of substance use and pregnancy and treat patients with the utmost respect during their visits. Connecting patients and families to appropriate community resources is key and helps to ensure a smooth transition back home.

**Insurances accepted:** Almost all insurances accepted including commercial and centennial plans.

**Email:** [kelly.wascher@lovelace.com](mailto:kelly.wascher@lovelace.com)

**Phone:** 505-727-5579

**Admissions Phone:** 505-727-5000

**Website:** <https://lovelace.com/grace>

## The Life Link

Representative: Elizabeth Carovillano (Development)  
Santa Fe and Espanola, NM

**Program Overview:** Housing and utilities assistance, intensive outpatient services for mental health and substance use disorders, MAT, drop-in center with peer support and recovery tools.

**Insurances Accepted:** Medicaid, Medicare, Commercial Insurances, Private Pay

**Elizabeth Phone:** (505) 395-2527

**Email:** [ecarovillano@thelifelink.org](mailto:ecarovillano@thelifelink.org)

**Admissions Phone:** (505) 438-0010

**Website:** [www.thelifelink.org](http://www.thelifelink.org)

## **Tierra Nueva Counseling Center of Southwestern College**

Representative: Denise Moore (Clinical Director)

**Santa Fe, NM**

**Program Overview:** Intensive Outpatient for substance use disorders and outpatient services for mental health. Tierra Nueva Counseling Center provides mental health services for all of New Mexico. Tierra Nueva is a field-training site for counseling and art therapy graduate students at Southwestern College. All student therapists work under the supervision of experienced therapists licensed in New Mexico. Our licensed professionals have specialization and experience in trauma-informed therapies, work with children and families, chronic and acute mental illness, expressive therapies and collaborative care.

**Insurances Accepted:** Medicaid, Medicare, Private Pay, Commercial

**In-Network:** BCBS and Presbyterian

**Denise Email:** denisemoore@swc.edu

**Admissions Phone:** 505-471-8575

**Admissions Email:** tierranueva@swc.edu **Website:** [www.tierranuevacounseling.org](http://www.tierranuevacounseling.org)

## **High-Fidelity Wraparound**

(New Day Youth and Family Services)

**Albuquerque, NM**

**Program Overview:** Offers an evidence-based approach to intensive care coordination for young people with challenging and complex needs and/or multi-agency involvement. It is designed for young people who need significant community support and who have not responded well to less intense services. Serving young people between the ages of 16 to 25 who are residents of Bernalillo county and are involved with one or more systems (ex. Protective services, juvenile justice, behavioral health) and/or have a current SED or SMI.

**Admissions Phone Number:** 505-681-6207

**Email:** [cgoodwin@ndnm.org](mailto:cgoodwin@ndnm.org)

# Youth BLAST

(New Day Youth and Family Services)

**Albuquerque, NM**

**Program Overview:** A collaborative peer support Drop-In center that provides opportunities for youth ages 16-22 to safely express themselves, feel a sense of belonging, connect and develop positive relationships with other peers and supportive adults. Youth BLAST provides resources such as basic needs, medical and legal aid, behavioral health, and community resources. They offer; computers with internet access, a lounge area to hang out and/or rest, basic necessities (hygiene products, seasonal clothing, survival gear, educational material, and food), a kitchen where youth can cook, lockers, bus passes, resource navigation: counseling, legal aid and employment resources, life skills coaching, peer support, peer support, HIV and HEP C testing, weekly activity/workshops: poetry, art and movie nights, and direct referral to our partner organization to engage in their resources.

**Admissions Phone Number:** 505-681-6207

**Email:** cgoodwin@ndnm.org

## **New Mexico Rehabilitation Center**

**Roswell, NM**

Representative: Matthew Rael (Administrator)

**Program Overview:** State hospital offering medical detox, residential, partial hospitalization and intensive outpatient services for substance use disorders.

**Insurances accepted:** Medicare, Medicaid, Tricare, Indian Health Services, Commercial. State Safety Net Hospital.

**Admissions Phone:** (575) 347-3400

**Email:** TeresaD.Williams@state.nm.us

## **New Growth Counseling**

**Albuquerque, NM**

Representative: Denise Barner (Clinical Director)

**Program Overview:** Intensive Outpatient and individual therapy for substance use disorders.

**Insurances accepted:** All centennial plans, BCBS, UHC, Presbyterian

**Admissions Contact:** Lisa Dolz

**Email:** Info@newgrowthnm.org

**Phone:** (505)639-4769

**Website:** [www.newgrowthnm.org](http://www.newgrowthnm.org)

## **A New Awakening**

Representative: Edmundo E Apodaca, LCSW, LADAC  
**Rio Rancho, NM**

**Program Overview:** Intensive outpatient for substance use disorders and outpatient counseling for SUD or mental health. Specialty programming includes Women's Trauma and Anger Management.

**Insurances Accepted:** Private pay, Commercial, Medicaid, Medicare, Tri-care

**In-network with:** Presbyterian, BCBS, UHC

**Clinical Director Phone:** (505) 385-7947

**Admissions Phone:** (505) 994-4100

**Email:** Anarr@rioawakening.com

**Website:** [www.Rioawakening.com](http://www.Rioawakening.com)

## **Nizhoni Counseling**

Representative: Autumn Drags-Wolf  
**Albuquerque, NM, Tele-Health**

**Program Overview:** Nizhoni Counseling is an Indigenous-owned and operated group practice providing mental health services with a holistic and culturally inclusive focus. We offer individual, couple, family and group counseling as well as monthly free workshops and community events.

**Insurances Accepted:** Blue Cross-Blue Shield, Medicaid, Presbyterian, Western Skies, Magellan.

**Admissions Phone:** (505) 322-6837

**Email:** [nfo@nizhonicounseling.org](mailto:nfo@nizhonicounseling.org)

**Website:** [nizhonicounseling.org](http://nizhonicounseling.org)

# **Community Advocates and Peer Support**

## **New Mexico 988 Crisis & Access Line**

Representative:

Wendy Linebrink-Allison (Program Manager)

**New Mexico**

**Offerings:** Provides in the moment support for emotional, mental, behavioral, and substance use concerns through a 24/7 [crisis line](#) staffed with professional counselors, and a [Warmline](#) staffed with certified peer supports (people with lived experience, family peers, and resource foster parents). Provides digital self-help wellness tools and resources through the [NMConnect smartphone app](#) and the [NM 5-Actions Program](#). Provides referrals to behavioral health agencies and information on community resources. Dispatches behavioral health mobile response teams. Provides afterhours clinical support on behalf of mental health agencies. Delivers prevention trainings and a [wellness blog](#). Works collaboratively with the state and community to support finding and creating pathways to expand the system of care.

**Free to the public**

**Crisis Line:** Call or Text 988, Call 1-855-NMCRISIS (855-662-7474), or Chat [online](#) at <https://988lifeline.org/chat/>

**Warmline:** Call or Text 855-662-7100

**Email:** [info@nmcrisisline.com](mailto:info@nmcrisisline.com)

**Website:** [www.nmcrisisline.com](http://www.nmcrisisline.com)

## **New Mexico Harm Reduction Collaborative Inc.**

Representative: Ashley Charzuk (Executive Director)

**Albuquerque, NM**

**Offerings:** Harm Reduction Supplies and Services, linkage to HCV and HIV testing, syringe service program and pick-up, legislative action involving Harm Reduction and paraphernalia laws, Hormone Replacement Therapy supplies, Overdose Prevention and Education, Narcan/Naloxone Trainings on-demand and peer support. Mobile delivery available. **Volunteer applications always available.**

**Free to the public**

**Address:** 120 Madeira DR NE, Suite 104 & 105A Albuquerque, NM 87108

**Ashley Phone:** 505-730-9795

**Seeking services? Call or text:** 505-235-2847

**Email:** [ashley@nmhrc.org](mailto:ashley@nmhrc.org)

**Website:** [www.nmhrc.org](http://www.nmhrc.org)

## **NM Dream Center**

Representative:

Shelley Repp (Director), Jazmine Goodman (Dir. of Operations)

**Albuquerque, NM**

**Program Overview:** Drop-in center for homeless youth and TLP for women who have survived sex trafficking.

**Insurances Accepted:** Other funding options

**Email:** JGoodman@NMDreamcenter.org **Admissions Phone Number:** 505-900-3833

**Admissions Email:** info@nmdreamcenter.org

## **Rehabilitation Partners**

**Albuquerque, NM**

**Offerings:** Medication management, MAT, medical private practice with a focus on substance use disorders.

**Insurances Accepted:** Private Pay, Commercial, Medicaid, BCBS Medicare Advantage, Tri-care, IHS

**Admissions Phone:** 505-503-8806

**Website:** [www.rehab-partners.com](http://www.rehab-partners.com)

## **Office of Peer Recovery and Engagement (OPRE)**

Representative: Melisha Montano

**New Mexico**

**Description:** Training, certification, and supervision of New Mexico's Certified Peer Support Workers through the Behavioral Health Services Division of the state of New Mexico.

**Melisha Contact:** 505-490-3048

**Email:** melisial.montano@state.nm.us

**OPRE Contact:** 505-476-9260

## **SHE RECOVERS Foundation**

Representative:

Susan Carter, CPSW

**New Mexico**

**Program Overview:** SHE RECOVERS® Foundation is a 501(c)(3) non-profit public charity and a global grassroots movement serving more than 325,000 women and non-binary individuals in or seeking recovery from life challenges including trauma, substance use, grief and loss, eating disorders, burnout and moral injury, love addiction and mental health issues such as anxiety and depression. We are all recovering from something—no one should have to recover alone. The organization connects women through its daily virtual offerings and in-person community networks, provides resources and support to help women develop their own holistic recovery patchworks, and empowers them to thrive, share their experience, and celebrate success. All efforts are designed to redefine recovery, inspire hope, end stigma and empower women to increase their recovery capital, heal themselves and help other women to do the same.

**Payment not required**

**Admissions Email:** [info@sherecovers.org](mailto:info@sherecovers.org)

**Phone:** 214-914-6487

**Website:** [sherecovers.org](http://sherecovers.org)

## **The New Mexico Coalition Against Domestic Violence**

**New Mexico**

**Offerings:** Program support for domestic violence survivors, training for advocacy, legislative work for domestic violence issues.

**There is no payment required for services.**

**Email:** [info@nmcadv.org](mailto:info@nmcadv.org)

**Phone:** (505) 246-9240

## **ABQ Center for Hope and Recovery**

Representative:

Annette Vigil (Executive Administrator)

**Albuquerque, NM**

**Program Overview:** Peer support drop-in center, A2A, job development, UNM Pathways, and support groups are available. Currently two Albuquerque locations.

**Insurances Accepted:** Medicaid and other funding options

**Admissions Phone Number:** 505-246-2247

**Email:** avigilachr@gmail.com

## **Choice Recovery Path**

Representative: Marc Schmallen (CEO)

**NM, regional**

**Program Overview:** Patient aftercare planning and accountability through web platforms and data analytics, case management, CCSS, group facilitation, recovery and life skill books. Presentations to patients in SUD or MH facilities to promote and make an easier plan for continued care.

**Payment:** Payment is covered by facilities and organizations rather than being put on the patient.

**Marc Schmallen's cell number:** 505-203-1789

**Website:** [www.choicerecoverypath.com](http://www.choicerecoverypath.com)

## **Sherah Ice**

**New Mexico**

**Offerings:** Coaching and support. I work with people who want to break toxic cycles in relationships, with addiction, and within themselves.

**Payment:** Private pay with free consultation

**Email:** sherahice@gmail.com

**Phone:** (310) 456-4892

**Website:** [Sherahice.com](http://Sherahice.com)

## **Dona Ana County Crisis Triage Center (CTC)**

Representative: Jess Spohn, LCSW (Clinical Director), Brooke Biasas  
(Office Coordinator)

**Las Cruces, NM**

**Offerings:** The CTC is open 24/7 for admissions and crisis care. We provide care for individuals ages 18+ experiencing a mental health and/or substance use crisis on a voluntary basis. We operate under a "No Wrong Door" policy, meaning there is no wrong reason to seek services at any time. Guests are able to stay with us up to 24 hours and receive peer support services, a nursing assessment, clinician assessment, psychiatric evaluation, medication, and a comprehensive discharge plan that connects them to community resources or a higher level of care. No ID or COVID test required, we accept all immigration statuses, and at least one staff per shift is certified as fluent in Spanish.

**Insurances Accepted:** Payment not required, Medicaid, Medicare, IHS, Tri-care, Commercial

**Email:** brookeb@riinternational.com

**Admissions Phone:** (575) 449-8159

**Website:** <https://riinternational.com/listing/dona-ana-crisis-triage-center/>

## **Best Chance**

Representative: Charles Sandidge (Executive Director)

**Albuquerque, NM**

**Offerings:** Best Chance helps men and women leaving prison and those experiencing homelessness and behavioral health issues transition to rewarding lives in the community. We work to reduce recidivism by encouraging meaningful employment and the ability to cope with the stress of "life on the outside."

Best Chance is a peer-led, clinically supervised Wellness Drop-in Center that serves nearly 450 people per year. Our services include: Peer Support and transition planning; help paying for and getting IDs; Wellness programming; clothing, hygiene, and other material support; referrals; transportation; brain injury screening; life skills training; and support groups with meals.

**No Payment Required**

**Admissions Phone:** (505) 216-6066

**Email:** office@bestchancenm.org

**Website:** [bestchancenm.org](http://bestchancenm.org)

## **CYFD Behavioral Health**

Representative: Aaron Boswell (Statewide Youth Coordinator)

**New Mexico Regional**

**Description:** Children, Youth, and Family Services Advocate for Behavioral Health needs.

**Contact:** 505-470-9381

**Email:** aaron.boswell@state.nm.us

## **NM Department of Health - Opioid Overdose Prevention Program**

**New Mexico**

**Offerings:** Academic detailing, linkage to care, community resources, naloxone training for law enforcement, and a variety of partners.

**Email:** Evonne.gantz@state.nm.us

**Payment:** Free to the public

## **La Casa, Inc**

Representative: Pamela Strobbe (Events/ Volunteers Coordinator)

**Las Cruces, NM**

**Program Overview:** Emergency Shelter, Children's program, BIP, DV Education, and Outreach.

**Phone Number:** 575-526-2819

**Email:** pstrobbe@lacasainc.org

## **Metro Court Outreach Program**

Representative: Irina Akdigitova (Outreach Court Specialist)

**Albuquerque, NM**

**Offerings:** Outreach court enables unhoused and precariously housed individuals who are actively engaged in services at their chosen program or provider to address their outstanding legal obligations, freeing them to reclaim their lives and return to the community as valued members.

**Irina:** (505) 841-8142

**Admissions Email:** metriaa@nmcourts.gov

**Website:** [www.Metro.NMCourts.gov](http://www.Metro.NMCourts.gov)

## **New Mexico Reentry Center**

Representative: Natasha Garcia (Executive Director)

**Albuquerque, NM**

**Offerings:** Justice involved support, peer mentorship, counseling, job development, resume writing, financial literacy, and other case management.

**Insurances Accepted:** Medicaid

**Phone:** (505) 589-0808

**Email:** natashag@nmwrc.org

## **National Alliance on Mental Health**

**Southern New Mexico**

**Program Overview:** Mental health advocacy, family support group, peer support group, as well as family education classes.

**Admissions Phone Number:** 510-770-6264

## **New Mexico Solutions - Santa Fe Crisis Triage Center**

Representative: Katherine Field, LPCC (Crisis Services Director)

**Santa Fe, NM**

**Offerings:** Short-term support and intervention for adults experiencing a behavioral health crisis such as depression, anxiety, stress, grief and loss, mental illness symptom management, or substance use concerns. We can provide urgently needed clinical stabilization, counseling, case management, peer support, medication support and linkage to long-term services.

**Phone:** 505-819-3419

**\*Walk-ins Welcome**

**\*Payment not Required**

## **APSARA Balanced Health**

Puja Goel (CEO)

**New Mexico**

**Offerings:** Evidence-Based, Holistic Services for trauma healing. Sound therapy, breathwork, acupressure, yoga, meditation. Holistic health training for behavioral health professionals.

**Private Pay Only**

**Phone:** (505) 453-2015

**Email:** Goel.ps@gmail.com

## **Southwest Labs**

Representative: Broc Galbreth (Account Rep)

**Albuquerque, NM/ Las Cruces, NM**

**Offerings:** Lab work: Covid testing (PCR & Rapid), U/A toxicology, Infectious disease

**Email:** Broc.G@southwestlab.com

**Phone:** (505) 235-0821

## **New Mexico Dept. of Health Nicotine Use Prevention and Control (NUPAC) Program**

Esther Hoang (Cessation Specialist)

### **New Mexico**

**Offerings:** TUPAC offers free, comprehensive and barrier-free QUIT NOW, (1-800-QUIT NOW, [www.quitnownm.com](http://www.quitnownm.com)), and DEJELO YA (1-855-DEJELO YA, [www.dejeloanm.com](http://www.dejeloanm.com)). Services include counseling and nicotine replacement therapies (NRTs) (patches, gums, lozenges). TUPAC also offers Health Systems Change Training and Outreach Program, a free consultation, training, and technical assistance program to create policies, protocols, and systems to routinely identify tobacco users, advise them to quit, and refer those ready to quit to appropriate treatment resources.

**Phone:** (505) 222-8616

**Email:** [esther.hoang@state.nm.us](mailto:esther.hoang@state.nm.us)

## **Recovery Communities of New Mexico**

### **New Mexico**

**Offerings:** RCofNM coordinates and supports community recovery celebrations during September, national recovery month.

**Contact:** Lauren Levis

**Lauren Phone:** (505) 795-0122

**Email:** [CatalyzeNewMexico@gmail.com](mailto:CatalyzeNewMexico@gmail.com)

## **New Mexico Local Behavioral Health Collaboratives**

Representative: Jeremy Lihte

### **New Mexico**

**Offerings:** The 18 local collaboratives in New Mexico are split between 13 state judicial districts and 5 tribal communities with the purpose of collaborating to identify needs, gaps and strengths and report to The Behavioral Health Planning Council, The Behavioral Health Collaborative and State Secretaries to create meaningful change across the state through community voices.

**Contact:** Jeremy Lihte (505) 414-8089 or Stanford Kemp (505) 709-5670

[Jeremy@NMLeadersinRecovery.com](mailto:Jeremy@NMLeadersinRecovery.com) or [stanford.kemp1@hsd.nm.gov](mailto:stanford.kemp1@hsd.nm.gov)

# **Call 988 for Emotional, Mental or Substance Misuse Support**

**Notes**

# Notes

**As New Mexico Leaders in Recovery, our ultimate goal is to never have to say the words “I don’t know how to help.” With this mission in mind, we will continue to work together to always share and understand the resources and services we offer with each individual specialty of care. Thank you to everyone who has been willing and able to contribute to this network of caregivers. For anyone unfamiliar with NM Leaders in Recovery, it is our goal to have a cohesive enough network of providers and resources to guide and support any person seeking help through a “no wrong door” community, as well as to uplift each other as fellow leaders in recovery. It is our belief that every life in this state and beyond can be saved because of people like you.**

**This booklet is just the start of the resources we have and the connections we can make. Please utilize it to save more lives. We hope to continue to build this incredible group of leaders and we look forward to seeing you at our future events.**

**If you ever have questions on resources or would like to get tied into some of the other efforts of this group, please reach out to the phone or email below.**

**- Jeremy Lihte**

**Founder of New Mexico Leaders in Recovery**

**Cell: (505) 414-8089**

**[Jeremy@NMLeadersinRecovery.com](mailto:Jeremy@NMLeadersinRecovery.com)**

**Fall 2023**