



# Crisis Services

Santa Fe Recovery Center - Gallup

The Crisis Center in Gallup is a voluntary facility for adults aged 18 and older who are experiencing a mental health or substance use crisis.

Individuals stay very short-term for stabilization and are **referred** to the **most appropriate level of care** (outpatient clinic, detox, inpatient psychiatric facility, PHP, IOP, medical hospital, community resources, etc).

## Appropriate for the Crisis Center

- ◆ Suicidal or homicidal ideations or plans
- ◆ Depression, not feeling like themselves, feeling down, anger, or having a difficult day
- ◆ Anxiety, nervousness, panic, homesickness, or worry
- ◆ Seeing or hearing things others can't (hallucinations or psychosis), or having atypical thoughts or beliefs (delusions)
- ◆ Recently relapsed or used, or are in withdrawal (see exceptions below)
- ◆ Grief, loss, or trauma, regardless of how long ago it happened
- ◆ Parents, family members, or supports who are feeling burnt out from caring for someone
- ◆ Survivors of violence who need a safe place to plan the next step
- ◆ ... Or just need someone to talk to

## Appropriate for the Hospital or Other Resources

- ◆ An active suicide attempt (i.e. medication overdose, serious self-injury, etc.)
- ◆ Threatening violence to self or others with a confirmed, accessible weapon
- ◆ Displaying physically aggressive or violent behavior
- ◆ Intoxicated to the point that they are unable to stand without assistance, have slurred speech, or have a BAC over 0.300%
- ◆ Unconscious or wavering consciousness
- ◆ Medical emergencies such as chest or other severe pain, open wounds, high blood pressure or pulse, or a seizure in the last 24 hours
- ◆ Looking for an alternative to shelter or housing without any mental health or substance use

**Walk In:** 2028 East Aztec Ave. Gallup, NM 87301

**Intake Line:** 888-244-3940

**Email:** [crisis@sfrecovery.org](mailto:crisis@sfrecovery.org)

- ◆ Monday - Friday, 7am - 11pm
- ◆ All Walk-Ins Accepted; No Appointment Needed